THE BRONX REENTRY & RESOURCE DIRECTORY



The production of this directory could not have been possible without the commitment and efforts of several members of the Bronx Reentry Working Group. We generously thank Molly Kratz, Chris McLaughlin, Jonnie Scott, Mandy Restivo, and Pamela Valera for developing this directory for returning citizens.



A coalition of academic-community partners, corrections/parole, returning citizens, clergy, health providers, policy-makers, and residents committed to addressing the social and health disparities of individuals with histories of criminal justice involvement

Coalition Partners and Members

Albert Einstein College of Medicine Division of Community Collaboration and Implementation Science

Bronx County Borough President's Office

Bronx Clergy Legislative Roundtable

Bronx Community Recovery Center

Bronx Community Solutions

Bronx Defenders

Department of Corrections and Community Supervision

Lehman College

Montefiore Medical Center

Osborne Association

Health People

Narco Freedom

New York City Department of Probation

Returning Citizens

South Bronx Overall Economic Development Corporation (SOBRO)

January 2012

Dear Returning Citizen, Family Member, or Community Member:

The Bronx Reentry Working Group is pleased to bring you this comprehensive guide to reentry and related services in the Bronx, NY. The Bronx Reentry Working Group is a coalition of academic-community partners, corrections officials, returning citizens, clergy members, healthcare providers, policymakers, and residents committed to addressing the social and health disparities of individuals with histories of criminal justice involvement.

This guide is the first compilation of **Bronx-only resources**, and we believe it will be a useful tool for finding the local services you need. Each of the organizations in this directory has been contacted directly to ensure that they serve individuals coming home from prison or jail, those involved in the criminal justice system, and/or their families. Despite our diligent efforts to ensure the accuracy of this information, agencies and services can change quickly, so be sure to contact the organization directly before visiting the location to receive services. If you find that an organization's information has changed, please contact Pamela Valera at 718-920-5682 as soon as possible so that we can make their new contact information available as quickly as possible.

This directory is divided into several categories, including the following services: administrative and comprehensive, clothing, educational, employment, family, food pantry, health and wellness, housing, legal, mental health, substance abuse, and support groups.

The Bronx Reentry Working Group will also be on the Internet as of May 1, 2012, and you can find us online at *www.bronxreentryorg*. There will be an interactive directory section on the website with services searchable by zip code.

The Bronx Reentry Working Group is an active coalition that meets monthly. All are welcome to join. For more information please contact Mandy Restivo at 347-439-6934.

Sincerely,

Pamela Valera, Ph.D., M&W (Co-chair) Mandy Restivo, MA (Co-chair)

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Abraham House

340 Willis Avenue | Mott Haven Station | Bronx, NY 10454 | (718) 292-9321 www.abrahamhouse.org

Description: provides holistic, family-based services to offenders and their families, and other families who struggle to cope with poverty, violence, crime, and lack of essential services.

Services Offered:

- The Alternative to Incarceration program works with first-time, non-violent offenders who have been assigned to Abraham House for a period of 1-3 years to prepare them for reentry
- The After School Program provides a safe haven and academic support to help children move ahead to the next academic grade, graduate from high school, and stay free of criminal activity
- The Family Center provides case management, counseling, advocacy and referrals to essential services in order to help families deal with crises and ongoing challenges
- The Pastoral Program is a place of community where families can find solace in shared experiences (religious services and education, a hot meal on Saturdays, a food pantry, a clothing bank, etc.)

Additional Information:

- Depending on the program, interested participants must undergo an intensive interview process and get court approval to participate
- Most services are free of charge

Hours of Operation:

• Monday – Friday: 9:00 AM – 6:00 PM

Abundant Life Tabernacle

2692 Third Avenue | Bronx, NY 10454 | (718) 292-9734 www.altabernacleministries.org

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Requires photo ID

Hours of Operation:

- Tuesday, Wednesday, and Thursday
- Call at 10:30 AM for pickup

Languages Served: N/A

ACCES-VR:

Adult Career and Continuing Education Services Bronx District Office

1215 Zerega Avenue | Bronx, NY 10462 | (718) 931-3500 www.acces.nysed.gov/vr/bronx/

Description: a friendly and sensitive group of qualified professionals available to assist individuals with disabilities to achieve their employment and independent living goals.

Services Offered:

- For students with disabilities who are leaving secondary education and entering adult vocational rehabilitation
- For people with disabilities to learn to have more control over their own lives and to live more independently in their communities

Additional Information:

- Must have documentation that proves:
 - Medically diagnosed physical, developmental, or emotional disability
 - o Condition creates significant impediments to ability to work
 - o Reasonable expectation that ACCES-VR services will be beneficial
- Must live in the Bronx
- Services are free if individual qualifies

Hours of Operation:

Schedule appointment to attend orientation session, offered Monday 9:00
 AM & 1:00 PM

Languages Served: English, Spanish, American Sign Language, and interpreters available

AHRC New York City

Referral and Information Center: (212) 780-4493 | Many locations throughout New York City | www.ahrcnyc.org

Description: a family governed organization that has been dedicated to enhancing the lives of individuals with intellectual and developmental disabilities and their families for over sixty years.

Services Offered:

- Behavior Management
- Intensive Behavior services
- In-Home Behavior Management
- Early Childhood Direction Center (ECDC)

Additional Information:

- Must have developmental or intellectual disability, Autism spectrum disorder, traumatic brain injury, etc.
- Open to all ages
- Other eligibility requirements vary by service
- Most services paid for by some form of Medicaid or Medicaid waver
- Can still apply without Medicaid

Hours of Operation: vary depending on service

Albert Einstein College of Medicine – Division of Substance Abuse

| Various locations in the Bronx | Referrals or appointments: (718) 993-3397 | www.einstein.yu.edu/home/psychiatry/dosa

Description: helps individuals to mediate, manage, and overcome addiction.

Services Offered:

- Screening, assessment, and diagnosis
- Pharmacotherapy treatment
- Ambulatory addiction treatment
- Addiction crisis services
- Primary health and behavioral care
- Acupuncture

Additional Information:

- Must be 18 or older
- Primary residence or work site in Bronx County
- Have current substance abuse addiction
- Accepts Medicaid and a few other insurance plans

Hours of Operation:

• Monday - Friday: 9:00 AM - 4:30 PM (for most locations)

American Cancer Society – Bronx Region Office

2330 Eastchester Road | 3rd Floor | Bronx, NY 10469 (718) 991-4576 www.cancer.org

Description: part of a nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.

Services Offered:

- Support groups of many kinds
- Assistance with transportation needs
- Help with appearance related side effects of treatment

Additional Information:

- Documentation of cancer diagnosis and treatment status
- Services usually free of charge

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Languages Served: English, Spanish, and interpreters available

Anger Solutions Consultants, Inc. Anger Resolution Therapy

2824 University Avenue | Bronx, NY 10468 | (718) 807-9151

Description: anger management programs and conflict resolution counseling for adults and adolescents.

Services Offered:

- Intensive outpatient anger management program for adults and children
- Provides gender appropriate group and individual counseling sessions that address domestic violence, conflict resolution, bias attacks, and teen intervention

Additional Information:

- Accepts voluntary and court mandated clients
- All major insurance plans and sliding scale

Hours of Operation: vary depending on service

Argus Community, Inc.

760 East 160th Street | Bronx, NY 10456 | (718) 401-5700 www.arguscommunity.org

Description: provides innovative programs which help severely disadvantaged teens and adults work to free themselves from poverty and drug abuse.

Services Offered:

- Outpatient mental health services to those diagnosed with serious mental illness and chemical dependence disorders
- Therapeutic residence for men, which includes pre-employment training, intensive cognitive/behavioral groups that provide re-education of feelings, attitudes and behaviors
- Case management services for those with HIV/AIDS, their children and family members
- Adolescent program for troubled youth ages 16-20

Additional Information:

- Health insurance is required for adults but not for young adults
- No income or living arrangement requirements

Hours of Operation: Appointments preferred but walk-ins welcome to obtain information, Monday – Friday: 9:00 AM – 5:00 PM

Arms Acres – Outpatient Clinic

3584 Jerome Avenue | Bronx, NY 10467 | (718) 653-1537 www.armsacres.com/outpatient.html

Description: provides a range of treatments to clients in need of alcohol or substance abuse counseling.

Services Offered:

- Individual Case Management
- Anger Management
- Family counseling
- Relapse Prevention Group
- Many more

Additional Information:

- Health insurance is required, private or Medicaid
- Must be 13 or older

Hours of Operation: (must make appointment over the phone then conduct a face-to-face interview with a bio-psycho-social evaluation before being admitted)

- Monday Friday: 9:00 AM 6:30 PM
- Saturday & Sunday: 9:00 AM 3:00 PM

Arturo Schomburg Senior Center

1315 Franklin Avenue | Bronx, NY 10456 | (718) 842-6880

Description:

Services Offered:

- Lunch
- Activities
- Trips
- Parties

Additional Information:

- Services available to citizens 60+
- Need to provide Identification and SSI information
- Lunch costs \$1
- All other services are free
- Accepts Medicaid and Medicare

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Languages Served: N/A

AstroCare, Inc. Health Care and Mental Services (Promoting Specialized Care and Health (PSCH))

2510 Westchester Avenue | 2nd Floor | Bronx, NY, 10461 | (718) 824-2792 http://www.psch.org/programs_services/clinical_services/astrocare

Description: provides culturally sensitive, strength-based mental health treatment and support.

Services Offered:

- To reduce symptoms, maximize potential recovery, improve social and familial functioning, increase hopefulness and goal setting
- Individual therapy
- Group therapy
- Medication management and education

Additional Information:

- Must be 18 years of age or older
- Insurance: Medicaid, Medicare, Health First with SSI
- Self-pay: available on a sliding scale

Hours of Operation: Schedule an appointment:

• Monday – Friday: 9:00 AM – 5:00 PM

Beacon of Hope Clubhouse

Information: (212) 371-1011

Bronx Supervised Program

1400 Waters Place | Bronx, NY 10461 | (718) 892-3494

Cardinal Cooke Residence

2467 Bathgate Avenue | Bronx, NY 10458 | (718) 892-3494

East Bronx Supported Housing

690 Mace Avenue | Bronx, NY 10467 | (718) 654-2731

Highbridge Supported Housing

1484 Nelson Avenue | Bronx, NY 10452 | (718) 503-8106

Beacon Clubhouse

512 Southern Boulevard | Bronx, NY 10455 | (718) 993-1078 http://www.archny.org/departments/?i=851

Description: provides members with transitional job placement as messengers and clerical or maintenance workers, and operates residents for approximately 200 individuals and a day program for the mentally challenged.

Services Offered:

- Pre-vocation program for those who are mentally ill
- Advocacy and referrals, job placement
- Assistance with entitlements

Additional Information:

- Must have Axis I diagnosis
- Intended for adults aged 18 65
- Free of charge

Hours of Operation:

- Monday & Wednesday: 8:30 AM 5:00 PM
- Tuesday, Thursday & Friday: 8:30 AM 7:00 PM

Languages Served: English, Spanish and American Sign Language

Bowery Residents Committee Inc. (BRC) – Bronx

General information: (212) 803-5700 |

24-Hour Homeless Helpline: (212) 533-5151 |

Multiple locations throughout New York City |

www.brc.org

Description: a leading provider of housing and services to well over ten thousand of New York City's neediest individuals.

Services Offered:

- Assistance for those in need of residential detoxification from drugs and alcohol, and those in imminent risk of relapse
- Safe and welcoming environments for chronically homeless adults, with beds, showers, clean clothes, and meals
- Assistance in obtaining housing and employment
- Health and mental health services
- Housing programs
- Many more

Additional Information:

- Intended for those 18 and older
- Free of charge

Hours of Operation: vary depending on service and location

Bronx AIDS Services

Main Office:

540 East Fordham Road | Bronx, NY 10458 | (718) 295-5605

Prevention Center:

953 Southern Boulevard | 2nd Floor | Bronx, NY 10459 | (718) 295-5690 www.basnyc.org

Description: helps Bronx residents with services and programs that touch people who are living with HIV/AIDS, people who think they might have been exposed to HIV, and those who are at high risk of exposure to the virus.

Services Offered:

- Counseling and testing services, with referrals and connection to care
- Group and individual prevention and support programs
- Education, prevention and support programs for adolescents & young adults
- Street outreach and HIV testing for hard-to-reach and special populations
- Nutrition education and counseling
- Monthly and emergency pantry food bags
- Free legal services
- Individual case management support services
- Primary care medical services in collaboration with AmidaCare Health Plan

Additional Information:

- Must be 13 or older
- Must have documentation of HIV status (e.g., letter from doctor, copy of the New York City HRA M11Q form, or HASA Program Admission form)
- Services usually free of charge

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Bronx Community Pride Center

975 Kelly Street | 2nd Floor | Bronx, NY 10459 | (718) 292-4368 www.bronxpride.org

Description: offers a safe haven for those who face ostracism, a forum for community organizing, a social network for LGBT individuals of all ages and critical, direct services.

Services Offered:

- Youth services
- Advocacy and case management
- HIV prevention, education, and counseling
- Cultural and arts programs
- Social service referrals
- Health care information
- Educational programming

Additional Information:

- Intended for those aged 13 24, but all are welcome
- Free of charge

Hours of Operation:

• Monday – Thursday: 10:00 AM – 6:00 PM

Bronx Community Recovery Center (Phoenix House)

509 Willis Avenue | 6th floor | Bronx, NY 10455 | (718) 292-5788 www.phoenixhouse.org/locations/new-york/bronx-community-recovery-center/

Description: protects and supports individuals, families, and communities affected by substance abuse and dependency.

Services Offered:

- Peer-led recovery support meetings
- Sober Living facilities
- Employment readiness; training in data entry and typing skills, etc.
- Workshops on financial education, parental rights, health insurance, etc.
- Referrals to vital community supports
- Health & Wellness
- Special Activities

Additional Information:

- Anyone suffering from addiction
- Most major insurance plans and all major credit cards accepted

Hours of Operation:

- Monday, Tuesday, Thursday: 9:00 AM 5:00 PM
- Wednesday & Friday: 9:00 AM 7:30 PM

Bronx Community Solutions – Center for Court Innovation

215 East 161st Street | Bronx, NY 10451 | (718) 618-2490 www.courtinnovation.org/project/bronx-community-solutions

Description: an initiative that seeks to apply a problem-solving approach to non-violent cases in the Bronx. Its goal is to provide judges with increased sentencing options for non-violent offenses such as drug possession, prostitution and shoplifting. By combining punishment with help, Bronx Community Solutions seeks to reduce the Bronx's reliance on expensive and ineffective short-term jail sentences, and build public confidence that the system is holding offenders accountable and offering them the assistance they need to avoid further criminal conduct.

Services Offered: N/A

Eligibility/Payment Information: N/A

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Bronx County Family Court

900 Sheridan Avenue | Bronx, NY 10451 | (718) 618-2098 www.nycourts.gov/courts/nyc/family/infobycounty.shtml

Description: established to take action in the lives of children, parents, and spouses, and has a wide range of powers to fit the particular needs of the people who come before it.

Services Offered:

• Hears certain types of cases (e.g., abused or neglected children, adoption, custody and visitation, domestic violence guardianship, etc.)

Additional Information:

• Generally, a case may be filed without fee if one party lives in the Bronx

Hours of Operation:

- Monday Friday: 9:00 AM 5:00 PM
- Doors open at 8:30 AM, petitions will be filed beginning at 8:30 AM

Languages Served: English, Spanish, Albanian, and other interpreters available

The Bronx Defenders

860 Courtlandt Avenue | Bronx, NY 10451 | (718) 838-7878 www.bronxdefenders.org

Description: employs a groundbreaking system of holistic defense to fight both the causes and consequences of involvement in the criminal justice system.

Services Offered:

- Assistance with a host of legal and social support needs
- Interdisciplinary teams of lawyers, social workers, parent advocates, investigators, and community organizers
- Training and education (ReEntry Net/NY, Know Your Rights)

Additional Information:

- Must be very low-income
- Can usually only represent people when the court appoints the lawyer

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Bronx Educational Opportunity Center

1666 Bathgate Avenue | Bronx, NY 10457 | (718) 530-7000 http://brx.eoc.suny.edu

Description: educates and trains economically and educationally disadvantaged youth and adults.

Services Offered:

- Occupational/Technical preparation
- College and GED preparation
- Basic Education

Additional Information:

- Must have proof of United States legal status (U.S. birth certificate, passport, citizen certificate or green card)
- Proof of education
- Proof of N.Y. state residency
- Social Security card
- Picture ID
- Free services for those who qualify

Hours of Operation: vary depending on service

Bronx Health Center (Community Healthcare Network)

975 Westchester Avenue | Bronx, NY 10459 | (718) 320-4466 http://www.chnnyc.org/locations/bronx/

Description: provides access to quality, culturally competent and comprehensive community-based primary care, mental health care and social services for diverse populations.

Services Offered:

- Prenatal and post-partum care
- Pediatrics and well-baby care
- Adolescent and adult medicine
- Geriatric care
- Preventative Medicine
- Reproductive health care
- Family planning
- Immunizations

- School physicals
- HIV education, testing, and treatment
- Mental health services
- Nutrition counseling
- Foot care (podiatry)
- Social services
- Health education

Additional Information:

- For first visit, please bring: photo ID, proof of address, proof of income, list of medications and dietary supplements, past medical history
- Services provided regardless of immigration status
- Many forms of insurance or sliding scale (no patient will be denied services based on an inability to pay)

Hours of Operation:

- Monday: 9:00 AM 7:00 PM
- Wednesday: 9:00 AM 6:00 PM
- Tuesday, Thursday & Friday: 9:00 AM 5:00 PM
- Saturday: 9:00 AM 4:00 PM

Languages Served: English, Spanish, Chinese, and many more

The Bronx Health Link, Inc.

851 Grand Concourse | Room 914 | Bronx, NY 10451 | (718) 590-2648 www.bronxhealthlink.org

Description: a one-stop source for consumers and health and human service providers on health issues facing the Bronx, with a focus on improving the health of Bronx women and their families.

Services Offered:

- Community education and outreach
- Distribution of health promotion information
- Assistance with referrals to community services

Additional Information:

- All services are free
- Must work or live in the Bronx

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Bronx Independent Living Services

4419 Third Avenue | Suite 2C | Bronx, NY 10457 | (718) 515-2800 www.bils.org

Description: dedicated to empowering all people with disabilities to understand and exercise their civil and human rights in order to live fully integrated lives in mainstream society.

Services Offered:

- Peer counseling
- Information and referral
- Personal and systems advocacy
- Crime victims and domestic violence services
- Deaf services
- Housing
- Benefit entitlement

Additional Information:

- Accepts people with all physical and mental disabilities, as well as parents, spouses, siblings, and significant others of people with disabilities
- Services are free of charge for those who qualify

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

Bronx-Lebanon Hospital Center

| Many locations in the Bronx | | Bronx Call Center: (718) 99-BRONX | | www.bronx-leb.org

Description: the largest voluntary, not-for-profit health care system serving the South and Central Bronx, providing quality and compassionate health care to those in need.

Services Offered:

- Anesthesiology
- Asthma (adult and pediatric)
- Cardiology
- Child Study Center
- Dentistry
- Diabetes (adult and pediatric)
- Ear, Nose and Throat
- Emergency Services
- Family Medicine
- Gastroenterology
- Hematology and Oncology
- Infectious Disease
- Internal Medicine

- Medical Education
- Neonatology
- Neurology
- Women's Health
- Ophthalmology
- Pediatrics
- Physical Medicine
- Psychiatry
- Radiology
- Rehabilitation
- Special Care Center
- Surgery
- Urology Men's Health

Additional Information:

• Services offered regardless of ability to pay

Hours of Operation: vary depending on location

Bronx Library Center

310 East Kingsbridge Road | Bronx, NY 10458 | (718) 579-4244 www.nypl.org

Description: the largest public library in the Bronx, with extensive collections of print and non-print materials for adults, young adults, and children.

Services Offered:

- Special programs for adults and teenagers
- English Classes for Speakers of Other Languages (not in summer)
- Story hours and other activities for children
- Class visits by appointment

Additional Information:

- Live, work, attend school or pay property taxes in New York State
- Valid form of identification
- Services free of charge

Hours of Operation:

- Monday Saturday: 9:00 AM 9:00 PM
- Sunday: 12:00 PM 6:00 PM

Bronx Organization for the Learning Disabled (BOLD)

2885 St. Theresa Avenue | Bronx, NY 10461 | (718) 430-0981 489 St. Paul's Place | Bronx, NY 10456 | (718) 588-8724 www.boldny.org

Description: helps special needs children and adults find their own success to learn and build significant relationships in a safe and protected atmosphere.

Services Offered:

- Assisting children to learn appropriate behavior and self-control skills
- Improving attention span broadening participation and relationships with peers and adults
- Maximizing physical and mental development enhancing motor skills and sensory experiences
- Incorporating ESL (English as a Second Language) strategies
- Medicaid Service Coordinator
- Respite programs for families who have children and family members with special needs

Additional Information:

- Preschool services for children ages 3-5 who need help with speech and language development, motor skills or social and emotional development problems
- After school services and Saturday Teen Group for young adults aged 15-21
- Friday Young Adult Program for those aged 19 and older
- Services are free of charge

Hours of Operation: vary depending on program

Bronx Psychiatric Center

1500 Waters Place | Bronx, NY 10461 | (718) 931-0600 www.omh.state.ny.us/omhweb/facilities/brpc/facility.htm

Description: a 360-bed facility with three inpatient services and a comprehensive outpatient program.

Community Services Offered:

- Transitional Living Residence (short term residential care)
- Ginsburg Outpatient Clinic (treatment program to reduce symptoms)
- Comcare Continuing Day Treatment and MICA Program (range of services)
- Drop-In Center (supportive and educational groups, counseling, etc.)
- Intensive Case Management Program (navigating complex systems of care)

Additional Information:

• For patients with mental illness and/or substance abuse disorders

Hours of Operation: vary depending on service

Bronx Shepherds Restoration Corporation

1932 Washington Avenue | Bronx, NY 10457 | (718) 299-0500 www.bronxshepherds.org

Description: provides affordable housing, Community Programs, and many other services to residents of the Bronx.

Services Offered:

- Housing: upgrade existing housing through gut or moderate rehabilitation
- Weatherization: provide building owners and tenant's assistance and education in energy conservation, including repair or replacement of heating systems, wall and roof insulation, replacement windows, etc.
- Vocational training: assist at-risk youth in obtaining on-the-job training in the renovation of vacant buildings, housing maintenance and repair
- Education Committee: provides reading enrichment skills
- Committee: service and work with our senior citizens through housing, social services, and intergenerational programs
- Scholarships distributed to graduating High School seniors

Additional Information:

- Must be a resident of the Bronx Community
- Most services for low-income individuals and homeowners
- Many services are free of charge for qualified individuals

Hours of Operation:

• Monday – Friday: 9:00 AM – 5:00 PM

BronxWorks

| Single Stop hotline: (718) 508-3123 | | |
|-------------------------------------|-----------------|----------------|
| 630 Southern Boulevard | | |
| 2070 Grand Concourse | Bronx, NY 10457 | (718) 731-3144 |
| 2925 Grand Concourse | | |
| 1477 Townsend Avenue | Bronx, NY 10452 | (718) 588-3836 |
| www.bronxworks.org | | |

Description: a Bronx-based settlement house that helps individuals and families to improve their economic and social well-being by feeding, sheltering, teaching, and supporting their neighbors to build a stronger community.

Services Offered:

- Children & Teen Programs
- Benefits & Other Assistance
- Eviction Prevention
- Family Programs
- Workforce Development
- Homeless Services

- Services for Seniors
- Immigration Services
- HIV/AIDS Services
- Food Stamp Outreach
- Health Insurance Assistance
- Opportunity NYC

Additional Information:

- All services generally free
- Different age requirements for different programs
- Bring photo ID, Social Security Card, proof of residency and address (e.g., copy of lease, ConEd bill, or telephone bill)

Hours of Operation: vary depending on service and location

Languages Served: English, Spanish, French, Russian, and Farsi

Cardinal McCloskey Children & Family Services

951-953 Southern Boulevard | 3rd Floor | Bronx, NY 10450 | (718) 542-0255 www.cardinalmccloskeyservices.org

Description: designed to provide general preventative services using a strength-based approach to families at risk of having children removed and placed in foster care.

Services Offered:

- In-home services
- Parenting skills
- Group work
- Food pantry
- And more

Additional Information:

- Food pantry is strictly for emergencies and requires a referral
- Services are free of charge

Hours of Operation:

• Food pantry: Monday, Wednesday, & Friday: 8:30 AM – 12:00 PM

Care for the Homeless

Questions: (212) 366-4459 | Multiple service centers in the Bronx, including: **Susan's Place:** 1911-21 Jerome Avenue | Bronx, NY 10453 | (718) 943-1340

Nelson Avenue Family Residence:

1605-11 Nelson Avenue | Bronx, NY 10453 | (718) 299-5550 x319

Jackson Avenue Family Residence:

691 East 138 Street | Bronx, NY 10454 | (718) 993-8900

Franklin Women's Triage and Referral Shelter:

1122 Franklin Avenue | Bronx, NY 10456 | (347) 417-8240

Willow Avenue Family Residence:

190 Willow Ave | Bronx, NY 10454 | (718) 665-9123

Paradise Transitional Housing:

2395 Grand Concourse | Bronx, NY 10468 | (718) 364-7650

Crotona Park Transitional Residence:

897 Crotona Park North | Bronx, NY 10460 | (718) 893-2578 www.careforthehomeless.org

Description: a not-for-profit organization that fights homelessness by delivering high-quality and client-centered healthcare, human services and shelter to homeless individuals and families at many different locations.

Services Offered:

- Health care services: primary care and oral health provided at service sites
- HIV services: outreach, counseling, testing, etc.
- Social services: intensive and supportive case management services

Additional Information:

- Services are for homeless individuals
- Services are free of charge

Hours of Operation: vary depending on location and service

Casa Promesa

1707 East 175th Street | Bronx, NY 10457 (718) 960-7600 | (800) 564-9046 (toll-free) www.promesa.org

Description: a 108-bed long-term care residential facility that provides comprehensive, holistic, culturally and linguistically competent services to people living with AIDS or other HIV-related illnesses.

Services Offered:

- 24-hour nursing and primary medical care
- Interdisciplinary case management services
- Mental health services and a full range of social services
- Substance abuse treatment and counseling services
- Food and nutritional, Pastoral services
- Therapeutic recreation
- Physical and occupational therapy
- Speech pathology
- Podiatry, Dental services
- Educational and vocational training services
- Complimentary alternative medicine
- Hospice and palliative care
- Pain management

Additional Information:

- Must be 18 years of age and older
- Must have HIV/AIDS
- Must qualify for long term chronic care as specified by the DOH and the AIDS Institute's guidelines

Hours of Operation: N/A

Center for Alternative Sentencing and Employment Services (CASES) – Bronx Court Office

215 East 161st Street | Room M29 | Bronx, NY 10451 | (718) 537-8330 www.cases.org

Description: helps thousands of individuals build productive, crime-free lives. Its mission is to increase the understanding and use of community sanctions that are fair, affordable, and consistent with public safety.

Services Offered:

- Provide court-involved individuals with the resources they need to achieve positive and lasting change
- Programs and initiatives that are responsive to the needs of court-involved individuals and government stakeholders
 - o Adult behavioral health
 - Youth and education

Additional Information:

- Services are for court-ordered individuals
- Services are free of charge for those who qualify

Hours of Operation: N/A

CitiWide Harm Reduction

226 East 144th Street | Bronx, NY 10451 | (718) 292-7718 www.citiwidehr.org

Description: committed to improving the health, social, and economic status of active drug users who are homeless or at risk of homelessness in New York City.

Services Offered:

- Multi-service Drop-in Center: meals, showers, clothing, safe space, daily support and education groups, rapid HIV testing, Hepatitis C screening, case management services and complementary therapies
- Syringe Exchange Program (SEP): available to injection drug users Mondays, Tuesday, Thursdays, and Fridays (9:00 AM to 9:30 PM) and Wednesdays (12:00 PM to 9:30 PM)
- The Horizon Peer Program: 8-week training followed by 24-week internship for women and transgender persons living with or at high risk for HIV
- The STREET team: provides outreach to sex workers and to people who are recently released from correctional facilities
- Health Services: offer medical appointments at the HELP/PSI Bronx primary clinic (located at 1545 Linwood Avenue)

Additional Information:

- Services for homeless and low-income active drug users living with and at risk for HIV/AIDS
- Services are free of charge

Hours of Operation:

- Monday, Tuesday, Thursday, Friday: 9:00 AM 8:30 PM
- Wednesday: 12:00 PM 8:30 PM
- Saturday: 10:00 AM 3:00 PM

City Commission on Human Rights

File a complaint or make an appointment: (212) 306-7450 | 1932 Arthur Avenue | Room 203A | Bronx, NY 10457 | (718) 579-6900 home.nyc.gov/html/cchr/home.html

Description: Law enforcement agency empowered to enforce the Human Rights Law and provide protection to those who are discriminated against.

Services Offered:

- Legal support for those who believe they have been the victim of discrimination
- Process: Intake → Complaint is filed → Investigation → Determination →
 The hearing process → Final decision and order
- Provide disability access assistance and education
- Mortgage counseling and predatory loan prevention
- Immigrant employment rights education
- Community mediation and conflict resolution
- Many more

Additional Information:

• Please bring: names, addresses, and phone numbers of the people or organizations you are charging and the exact dates of the events (complaint must be filed within one year)

Hours of Operation: N/A

Languages Served: English, Spanish, and interpretation services for Russian, Mandarin, Cantonese, Haitian Creole, Korean, Italian, and many more.

The College of New Rochelle School of New Resources Co-Op City Campus:

755 Co-Op City Boulevard | Bronx, NY 10475 | (718) 320-0300 **John Cardinal O'Connor Campus:**

332 East 149th Street | Bronx, NY 10451 | (718) 665-1310 www.cnr.edu

Description: offers students excellent learning resources with an emphasis on user-friendly technologies.

Services Offered:

- Computer-assisted classrooms and labs
- Technology-based learning skills center
- Video conference seminars
- Web-based classroom
- Multi-media conference center
- Photography lab
- Mother Irene Gill Memorial Library

Additional Information:

- Must be 21 or older
- Must have high school diploma or its equivalent (those without may be admitted based on successful completion of a State approved ability-to-benefit test)
- Successful completion of an English assessment
- Over 90% of students receive need-based financial assistance and/or merit scholarships

Hours of Operation: vary depending on class

Languages Served: English

Community Development Corporation – THE POINT

940 Garrison Avenue | Bronx, NY 10474 | (718) 542-4139 www.thepoint.org

Description: dedicated to youth development and the cultural and economic revitalization of the Hunts Point section of the South Bronx.

Services Offered:

- After School & Summer Youth Programs
- Teen Programs & Teen Leadership
- Youth Art Programs
- Theatre, Visual Arts, Broadcasting
- Photography, Music, Dance, Circus
- Community Development

Additional Information:

- Services are free of charge
- Intended for youth ages 18 and younger

Hours of Operation: vary depending on service

Community Resource Center for the Developmentally Disabled, Inc.

| Multiple residences in the Bronx | Main: 378 East 151st Street | 4th Floor | Bronx, NY 10455 | (718) 292-1705 www.crcdd.net

Description: residential programs committed to supporting individuals who are developmentally disabled in their efforts to live and participate in the community.

Services offered:

- 24 hour habilitation services and residential care
- Case management services
- Advocacy services
- Self-choice living opportunities

Additional Information:

• Referrals for placement into residences should be directed to the Office of Mental Retardation and Developmental Disabilities (http://www.opwdd.ny.gov/)

Hours of Operation: N/A

Languages Served: English

Daytop Village, Inc. – Bronx Outreach

| Main Office: (212) 354-6000 | Multiple locations throughout New York City, including: 2616 Halperin Avenue | Bronx, NY 10461 | (718) 518-9007

www.daytop.org

Description: provides treatment for individuals and families leading to a health, drug-free life through services that are individual, comprehensive, and multidisciplinary.

Services Offered:

- Outpatient drug treatment for adults and adolescents
- Job training
- Domestic violence groups
- Individual counseling
- High school for teens who are engaging in treatment
- Substance relapse prevention
- Self-esteem counseling

Additional Information:

- Clients are referred by schools, doctors, corporations, unions, and court systems, then screened to determine if the program is appropriate for their treatment needs
- Fee for service, some private insurance, and Medicaid accepted

Hours of Operation: (please make an appointment)

Monday – Friday: 9:00 AM – 5:00 PM

Dominican Sisters Family Health Services

279 Alexander Avenue | Bronx, NY 10454 | (718) 665-6557 www.dsfhs.org

Description: A non-profit home health agency providing compassionate, comprehensive and family focused home care to persons in need.

Services Offered:

- Family Life Program: works to prevent placement of children outside their homes by strengthening families
- Ryan White Part D. Program: provides health care and support services for children, adolescents, women, and families
- Case management
- Physical, Speech, and Occupational therapies
- Home health and personal care aides
- Respiratory therapy
- Social Adult Day Care
- And many more

Additional Information:

- From ZIP Codes: 10451, 10452, 10454, 10455, 10456, 10459, 10474
- Almost all major insurance plans accepted

Hours of Operation: Monday – Friday: 8:30 AM – 4:30 PM

Doña Rosita, I Congregate Housing (Comunilife)

317 148th Street | Bronx, NY 10451 | (718) 585-8669 www.comunilife.org/hiv_aids.html

Description: provides permanent housing for people living with HIV/AIDS in the Bronx that have been referred by the HIV/AIDS Services Administration (HASA)

Services Offered:

- Rent subsidy
- Daily meal
- Individual case management
- Mental health counseling

- Substance abuse counseling
- Recreation
- Crisis intervention
- Carfare reimbursement

Additional Information:

- Clients must be referred by HASA
- For those living with HIV/AIDS that are single and in need of structure and supervision

Hours of Operation: N/A

Dress for Success Worldwide

| Multiple locations around the world | 2038 Davidson Avenue | Bronx, NY 10453 | (718) 886-0666 www.dressforsuccess.org

Description: promotes the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life.

Services Offered:

- Women are provided with a suit appropriate for the industry in which she is interviewing, then with addition work-appropriate clothing
- Career enhancing services (resources, career search and employment retention services)

Additional Information:

- Must be referred from an established partner program
 - o http://www.dressforsuccess.org/affiliate.aspx?sisid=50&pageid=15

Hours of Operation:

- Monday Thursday: 9:00 AM 5:00 PM
- Friday: 9:00 AM 4:00 PM, until Labor Day
- Saturday: 10:00 AM 4:00 PM

East Side House Settlement

337 Alexander Avenue | Bronx, NY 10454 | (718) 665-5250 www.eastsidehouse.org

Description: provides a range of direct services to children, families, and seniors in the South Bronx, with an emphasis on education.

Services Offered:

- Early Childhood Services, Head Start and Day Care
- After School Program
- Summer Day Camp
- Young Adult Initiative
- Adult Education Services Program
- Supplemental Educational Services Program
- Family Service Program
- Senior Citizen Services
- College Preparation Program (CPLP)
- Community Technology Services

Additional Information:

- Services are for children, families, and seniors in the South Bronx
- Services are free of charge

Hours of Operation: vary depending on service

ECHO Free Clinic

1894 Walton Avenue | Bronx, NY 10453 | (718) 583-3060 www.echoclinic.org

Description: provides free, high-quality comprehensive health care to the uninsured population of the Bronx.

Services Offered:

- Routine medical exams
- Physicals
- Vaccinations
- Prescriptions
- Women's Health Visits
- Social Services
- Counseling
- Eligibility screenings and facilitated enrollment for insurance programs
- Assistance with Social Security and disability programs

- Transportation and communication assistance
- HIV Services
- Women's Reproductive Health
- Equipment order
- Domestic Violence Services
- Senior Services
- Substance Abuse Services
- Homeless Services
- Disabled Services
- Food for Those in Need

Additional Information:

- All services are free
- Ages 18 and older who lack health insurance
- Appointments preferred, limited walk-in services available

Hours of Operation: Saturday: 9:00 AM – 12:00 PM

Employment Program for Recovered Alcoholics (EPRA)

2488 Grand Concourse | Suite 320 | Bronx, NY 10458 | (718) 364-6360 www.eprany.org/bronx.htm

Description: works closely with recovering alcoholics and substance abusers as well as treatment programs, using vocational rehabilitation and employment to help people become stable and successful.

Services Offered:

- Evaluation and Assessment
- Internships/Work Adjustment
- Vocational/Educational services
- Training Referrals
- Job Readiness Training
- Job Placement
- Employment/Retention Services

Additional Information:

- Call to schedule an appointment for orientation
- For individuals that are in recovery from alcoholism and substance abuse
- Services are free of charge

Hours of Operation: (call to schedule an appointment for orientation)

• Held every Tuesday at 1:30 PM

Episcopal Social Services (ESS)

Paul's House

500 Bergen Avenue | Bronx, NY 10455 | (718) 665-2321

Paul's House Annex

412 East 147th Street | Bronx, NY 10455 | (646) 839-6301 www.essnyc.org

Description: strengthens families, promotes the healthy development of children and youth, and empowers all persons to become self-sufficient to a level at which they are capable.

Services Offered:

- Substance Abuse: Therapeutic substance abuse and/or anger management meeting support
- Employment: Job readiness, "Green Collar Training" job training, job search and placement
- Education: Green Collar vocational training. Life skills training and referrals to all other needed services
- Housing: Transitional services in housing assistance
- Foster Care, Adoption and Family Preservation
- Early Childhood Development
- Rehabilitation and Community Re-Integration

Additional Information:

- Health insurance is not required
- No services available for individuals with a history of sexual offense or an arsonist charge

Hours of Operation: (please make an appointment)

Monday – Friday: 9:00 AM – 5:00 PM

EPIC - Every Person Influences Children, Org.

40 West Tremont Avenue | Room 357A | Bronx, NY 10453 | (718) 294-1494 www.epicforchildren.org

Description: a national not-for-profit organization dedicated to helping families, schools, and communities raise children to become responsible and capable adults.

Services Offered:

- Ready, Set, Parent: parent education program (The Room Visit, The Newborn Class, and The Community Workshop Series)
- Ready, Set, Read: unique workshop series that empowers parents to be their children's first teacher
- Just for Teens: designed to address the needs of pregnant teens and provide them with the skills and resources they need to be effective and confident parents
- Families in Transition: serves parents who are referred by the courts or other agencies to help them overcome personal challenges
- Pathways to Character: school-based character education program created to help children develop the basic traits of good character while achieving academic success
- Family Engagement Series: encourages families to become engaged in their children's education by partnering with schools

Additional Information:

• Services are free of charge

Hours of Operation: vary depending on service

Exodus Transitional Community, Inc.

2271 Third Avenue | New York, NY 10035 | (917) 492-0990 www.etcny.org

Description: a faith-based organization that provides supportive services to formerly incarcerated men and women in order to help them reintegrate into their communities by achieving social and economic well-being and breaking the cycle of recidivism.

Services Offered:

- Re-entry program
- Employment services
- Academic & Career programs
- Substance Abuse services
- Anger Management services
- The Fatherhood Initiative

Additional Information:

- Services for formerly incarcerated men and women
- Services are free of charge

Hours of Operation: Monday – Friday: 8:45 AM – 4:45 PM

Family Justice Center, Bronx

198 East 161st Street 2nd Floor | Bronx, NY 10451 | 718.508.1222 http://home2.nyc.gov/html/ocdv/html/fjc/fjc.shtml

Description: NYC Family Justice Center, Bronx is a one-stop shop for services for victims of domestic violence, including counseling services, legal advocacy/representation, case management and self-sufficiency services.

Services:

- Case Management
- Police
- Probation
- The District Attorney's Office
- Therapeutic Counseling
- Elder Abuse Services
- Legal Information on Family Matters, Immigration & Divorce
- Self-Sufficiency Services
- Interfaith Spiritual Caregivers
- Children's Services

Additional Information:

- Services are free of charge, regardless of immigration status
- Appointments are not necessary

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Languages Served: Services are available in a variety of languages.

FEGS: BEGIN Program

412 East 147th Street | 5th Floor | Bronx, NY 10455 | (718) 742-4083 http://www.fegs.org/index.html#/welfare_to_work/begin/

Description: Helps cash assistance recipients who are referred through the NYC Department of Human Resources to improve their literacy and language skills and gain entry into the workplace.

Services Offered:

- Adult basic education
- GED preparation classes
- ESOL (English for Speakers of Other Languages) training
- Vocational work study

Additional Information:

• Public Assistance Referral

Hours of Operation: N/A

FEGS: Health and Human Services System

Information & Referral: (212) 524-1780

The Harry and Jeanette Weinberg Mental Health Center:

3600 Jerome Avenue | Bronx, NY 10467 | (718) 741-5009

Comprehensive Care Center:

2432 Grand Concourse | 5th Floor | Bronx, NY | 10458 | (718) 741-7387 http://www.fegs.org/

Description: multi-disciplinary staff provide screening, evaluation, and verbal and medication therapies for adults, adolescents, and children with a wide range of emotional and/or adjustment problems or psychiatric disabilities.

Services Offered:

- Behavioral Health
- Developmental Disability
- Education and Youth
- Employment, Career / Workforce Development
- Family Services
- Haym Salomon Arts Division

- Jewish Community Services
- Refugee & Immigrant Services
- Residential & Housing Services
- Student Internships
- Volunteer Services
- Welfare to Work
- Work Services

Additional Information:

• Make appointment to complete paperwork, then to see a therapist for an evaluation, then to have a psychiatric evaluation

Hours of Operation:

- Monday Thursday: 8:30 AM 8:00 PM
- Friday: 8:30 AM 5:00 PM
- Saturday: 9:00 AM 5:00 PM

Languages Served: English, Spanish, Hindi, Urdu, and French

FEGS: We CARE

2432 Grand Concourse | 5th Floor | Bronx, NY 10458 | (718) 741-7400 1276-A Fulton Avenue | Bronx, NY 10456 | (718) 901-8099 www.fegs.org/html/welfare_to_work/wecare.html

Description: the Wellness, Comprehensive Assessment, Rehabilitation and Employment Program help public assistance applicants and recipients with complex clinical barriers to employment.

Services Offered:

- Wellness Program for clients with medical and/or mental health conditions
- Comprehensive assessment by a licensed social worker and physician
- Placement in a Work Experience Program (internships)
- Vocational and Educational Training
- Job Development and Placement
- Post-Employment Services

Additional Information:

- Individuals with a disability
- P.A. Referral
- Medicaid

Hours of Operation: N/A

Fordham-Tremont Treatment Community Mental Health Center Bronx Link Program

2021 Grand Concourse | Bronx, NY 10453 260 East 188th Street | Bronx, NY 10458 2250 Ryer Avenue | Bronx, NY 10457 817 East 180th Street | Bronx, NY 10460 (718) 960-0300 www.fordhamtremont.org

Description: a multicultural, community-based organization committed to improving mental health and overall quality of life for the diverse residents of the Bronx.

Services Offered: (different services at different locations)

- Adult Outpatient Clinic: individual, family, group, psychopharmacological services provided to individuals ages 18 and older
- Employee Assistance Services: early intervention clinical model designed to assist employees with a variety of problems
- Choices Program: for people who are physically, sexually, and/or emotionally abusive towards their intimate partner
- Assisted Competitive Employment Program: designed to assist people with severe mental illness and substance abuse disorder to obtain jobs
- Continuing Care Clinic: clinical and case management services are provided for severely and persistently mentally ill adults
- Continuing Day Treatment: a continuing rehabilitative day treatment program for mentally ill adults, ages 18 and older

Additional Information:

• Accepts Medicaid, Medicare, Private Insurance, and Self-Payment

Hours of Operation: vary depending on service and location

Languages Served: English and Spanish and interpreters available

The Fortune Society

29-76 Northern Boulevard | Long Island City, NY 11101 | (212) 691-7554 http://fortunesociety.org/

Description: a nonprofit social service and advocacy organization supporting successful reentry from prison and promoting alternatives to incarceration, thus strengthening the fabric of our communities.

Services Offered:

- Housing
- Employment Services
- Alternatives to Incarceration
- Transitional Services
- Education
- Family Services
- Substance Abuse Treatment
- Health Services

Additional Information:

- Must live in New York City
- Services for formerly incarcerated men and women
- All services are free of charge

Hours of Operation: (walk-ins are welcome; come early in the day if possible)

• Monday – Friday: 8:00 AM – 4:00 PM

Full Circle Health

2429 East Tremont Avenue | Bronx, NY 10461 | (718) 518-7600 | Toll-Free: 1-800-518-FULL | www.fullcirclehealth.org

Description: a comprehensive counseling and training resource where professional counselors, organizational consultants, and members of faith and youth communities work across disciplines to promote personal and professional wellbeing.

Services:

- Evaluation & Counseling
- Marriage & Family Counseling
- Corporate Counseling
- Education & Training
- Addiction Counseling

- Community Services
- Youth Counseling
- Faith based Counseling
- Medical Consultation

Additional Information:

- Call and speak to an intake coordinator to be matched with a provider
- Accepts most private insurance
- Does not accept chemically dependent youth or perpetrators in domestic violence situations

Hours of Operation:

• Monday – Thursday: 9:00 AM – 6:00 PM

• Friday: 10:00 AM – 2:00 PM

Give Them to Eat Ministries – Bronx Spanish Evangelical Church

800 East 155th Street | Bronx, NY 10455 | (718) 993-1260 www.ieeb.org

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Photo ID preferred

Hours of Operation: Friday: 10:30 AM – 1:00 PM

Languages Served: N/A

Grace Episcopal Church

1909 Vyse Avenue | Bronx, NY 10460 | (718) 542-1946 www.gracewestfarms.org

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Bring photo ID for all members of household

Hours of Operation: Thursday: 10:00 AM – 12:00 PM

Languages Served: N/A

Grace Outreach

378 East 151 Street | 5th Floor | Bronx, NY 10455 | (718) 328-0580 www.graceoutreachbronx.org

Description: provides free GED training for women in the South Bronx, and preparation for entry into college and the job market as a way to build a better life.

Services Offered:

- Free, high-quality GED preparation
- College, training, and employment assistance

Additional Information:

- Women over 18 years of age
- Tuition-free (small fee for materials)
- Accepts new students throughout the year
- Call to schedule a placement test

Hours of Operation:

• Classes held Monday – Friday: 8:45 AM – 2:30 PM

Languages Served: English only

Greater Holy Tabernacle Church

3780 3rd Avenue | Bronx, NY 10456 | (718) 293-9862 www.greaterholytabernacle.org

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Requires photo ID and referral on first visit

Hours of Operation: Tuesday: 4:00 PM – 5:30 PM

Languages Served: N/A

Health People

552 Southern Boulevard | 2nd Floor | Bronx, NY 10455 | (718) 585-8585 www.healthpeople.org

Description: a peer organization which helps people from low-income communities become leaders to effectively fight chronic ill health.

Services Offered:

- Support Groups
- HIV/AIDS Peer Educator training and workshops
- HIV prevention courses
- Family groups
- Volunteer Training/Community Outreach
- Mentoring Program
- Individual HIV counseling
- Client referral/Client advocacy
- AIDS care course
- Diabetes community education
- Counseling

Additional Information:

• Services are free of charge

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Hispanic AIDS Forum, Inc.

975 Kelly Street | Suite 402 | Bronx, NY 10459 | (718) 328-4188 www.hafnyc.org

Description: mission is to improve health outcomes for men in New York City who are affected by HIV and other chronic illnesses.

Services Offered:

- Free HIV testing
- Services for gay and bisexual Latin men
- Services for people living with HIV and AIDS
- Latino Youth in Action (leadership training)
- Transgender Women Services

Additional Information:

- HIV testing for all New Yorkers
- Some services for gay and bisexual Latin Men
- Other for people living with HIV and AIDS
- All services free of charge

Hours of Operation:

- Monday Thursday: 10:00 AM 8:00 PM
- Friday: 9:00 AM 5:00 PM

Hopeline

421 East 155th street | Bronx, NY 10455 | (718) 402-1212 www.thehopeline.org

Description: full service outreach organization working to give clients the critical skills and assistance they need to be strong and healthy family members, positive role models in their communities, and productive members of society.

Services Offered:

- Literacy program
- English as a second language (ESL) Classes
- Basic computer courses
- Food Pantry
- Nutrition Classes
- Clothing Bank provides clothes free of charge
- Workshops:
- Immigration Assistance
- Citizenship Classes

Additional Information:

- Workshops and classes are \$5.00 with sliding scale available
- All other services are free

Hours of Operation: vary depending on service

Hunts Point Multi-Service Center Inc.

Dr. Ramon S. Velez Health Center

754 East 151 Street | Bronx, NY 10455 | (718) 402-2800

Gov. Juan Ponce De Leon Health Center

1675 Westchester Avenue | Bronx, NY 10472 | (718) 842-0900 www.hpmsc.org

Description: a comprehensive and diversified community-based, non-profit organization providing health and human service programs in a culturally and linguistically competent manner.

Services Offered:

- Adult Medicine
- Allergy/Asthma Management
- Case Management Services
- Clinical Laboratory Services
- Dental care
- Dermatology
- Health Education

- Hepatitis C Treatment Program
- HIV/AIDS Counseling and Testing
- HIV/AIDS Education and Primary Care
- OB/GYN and Family Planning

Additional Information:

• Most major insurance plans accepted

Hours of Operation:

Velez Health Center

- Monday Friday: 9:00 AM 6:00 PM, Saturday: 9:00 AM 2:00 PM
 Leon Health Center
- Monday Friday: 9:00 AM 5:00 PM, Saturday: 9:00 AM 1:00 PM

InMotion, Inc.: Justice for All Women

198 East 161st Street | Bronx, NY 10451 | (718) 562-8181 www.inmotiononline.org

Description: offers hope to low-income women who need free legal services in matrimonial, family and immigration law.

Services Offered:

- Matrimonial law: getting a divorce
- Family law: protecting the physical safety and financial security of families
- Immigration law: gaining legal residency for battered immigrant women and children

Additional Information:

- Must be a woman and live in New York City
- Must have a relevant legal matter and meet income guidelines (annual household income at or below 200% of the Federal Poverty Guidelines)
- Services are free for those who qualify

Hours of Operation: N/A

Institute for Family Health

Mt. Hope Family Practice

130 West Tremont Avenue | Bronx, NY 10453 | (718) 583-9000

Parkchester Family Practice

1597 Unionport Road | Bronx, NY 10462 | (718) 822-1818

Urban Horizons Family Health Center and River Center for Counseling

50 East 168th Street | Lower Level | Bronx, NY 10452 | (718) 293-3900

Walton Family Health Center

1894 Walton Avenue | Bronx, NY 10453 | (718) 583-2700

Institute for Family Health Center for Counseling

2590 Frisby Avenue | Bronx, NY 10462 | (718) 239-1610 www.institute2000.org

Description: committed to high-quality, affordable healthcare for all.

Services: (different services offered at different locations)

- Primary Care
- Diabetes Care
- Insurance Enrollment
- Social Services
- HIV/AIDS Services

- Behavioral Health
- Dental Care
- Free Clinics for the uninsured (Walton Family Health Center)

Additional Information:

• Accepts many insurance providers

Hours of Operation: (please call to schedule an appointment)

• Monday – Thursday: 8:30 AM – 8:00 PM

• Friday: 8:30 AM – 5:00 PM

• Saturday: 9:00 AM – 5:00 PM

Institute for Women's Health Genetics and Human Reproduction

1695 Eastchester Road | Bronx, NY 10461 | (718) 405-8200 http://www.montefiore.org/prof/departments/obgyn/services/womenshealth/

Description: specializes in treating women and children with fertility problems as well as a variety of other reproductive abnormalities.

Services Offered:

- Treats primary or secondary Amenorrhea
- Premature ovarian failure
- Congenital adrenal hyperplasia
- Endometriosis
- Polycystic ovary syndrome
- Prolactinomas
- Mullerian anomalies
- Menopause treatment and research

Additional Information:

- Accepts most major insurance plans
- Does not accept sliding scale payments

Hours of Operation: Monday: 11:00 AM – 8:00 PM

Jacobi Medical Community Health Centers

1400 Pelham Parkway South | Bronx, NY 10461 | (718) 918-5000 **Health Center at Gunhill**

1012 East Gunhill Road | Bronx, NY 10469 | (718) 918-8850 **Health Center at Tremont**

1826 Arthur Avenue | Bronx, NY 10457 | (718) 918-8700 www.nyc.gov/html/hhc/jacobi/html/centers/centers.shtml

Description: provides families with first class care in a wide range of services and specialties.

Services Offered:

- Adult Services: physical exams, vaccinations for adults
- Chronic Disease Management: for diabetes, high blood pressure, asthma
- Counseling and Testing Services: for HIV/AIDS, STDs, depression, etc.
- Diet and Nutrition: weight-loss programs, nutrition counseling
- Pediatric Services: medical care and vaccinations for children
- Women's Health: gynecology care, family planning, prenatal care

Additional Information:

• Financial assistance program provides charity care and discounted services to uninsured patients

Hours of Operation:

- Monday, Tuesday, Thursday, & Friday: 8:30 AM 4:30 PM
- Wednesday: 8:00 AM 8:00 PM

Jewish Board of Family & Children's Services

J.W. Beatman Community Counseling Center

521 West 239th Street | Riverdale, NY 10463 | (718) 601-2280

Harry Blumenfeld Counseling Center

750 Astor Avenue | Bronx, NY 10467 | (718) 882-5000

Bronx REAL Counseling Center

55 Westchester Square | Bronx, NY 10461 | (718) 931-4045 www.jbfcs.org

Description: provides outpatient mental health and psychiatric services for people struggling with a wide range of emotional and social problems.

Services:

- Evaluation and assessment
- Crisis intervention
- Ongoing individual, couple, family, group, and medication therapy

Additional Information:

- Call to set up an appointment
- Accepts many insurance providers
- Self-pay available at a reduced fee
- Some programs only for adults ages 18 and older

Hours of Operation:

- Monday & Friday: 9:00 AM 5:00 PM
- Tuesday, Wednesday & Thursday: 9:00 AM 9:00 PM

Jewish Community Council – Community Service Center

2157 Holland Avenue | Bronx, NY 10462 | (718) 828-1114 bjcconline.cloudaccess.net

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

- ID for all household members
- Photo ID preferred

Hours of Operation: Monday – Friday: 9:00 AM – 3:00 PM

Languages Served: N/A

Jewish Home Lifecare

100 West Kingsbridge Road | Bronx, NY 10468 General Information: (718) 410-1500 | Admissions: (718) 410-1330 www.jewishhome.org

Description: provides a full range of geriatric, rehabilitative, and home health services all customized for individual needs.

Services Offered:

- Short Stay Rehabilitation
- Skilled Nursing
- Adult Day Programs
- Special Therapies
- And more

Additional Information:

- Accepts most insurance plans
- Must be elderly

Hours of Operation: vary depending on program

• Monday – Friday: 9:30 AM - 7:30 PM

Kings Harbor Multicare Center

2000 East Gun Hill Road | Bronx, NY 10469 General: (718) 320-0400 | Admissions: (718) 405-3634 www.kingsharbor.com

Description: Provides long-term and short-term skilled nursing care for more than 700 residents at a three-building campus facility.

Services Offered:

- Occupation, physical and speech rehabilitation therapies
- Social, psychological and hospice services
- Alzheimer's/Dementia Program
- Hospice/Pain Management Program
- Wound Healing Program

Additional Information:

- To apply for admission, information on the medical, social and financial background of the resident must be submitted for review
- Those interested are invited to tour the facility
- Accepts Medicaid, Medicare, or private payment

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

LawHelp.org for New York State

www.lawhelp.org/NY

Description: a website dedicated to helping low income New Yorkers solves legal problems on a variety of topics.

Services:

Information offered on:

- Internet Fraud
- Health
- Immigration
- Workers' Rights
- Housing
- Public Benefits
- Education
- Disability
- Consequences of Criminal Charges
- And many more

Additional Information: N/A

Hours of Operation: N/A

Languages Served: English, Spanish and many more

The Legal Aid Society – Bronx

Bronx Neighborhood Office (Civil Practice):

953 Southern Boulevard | Bronx, NY 10459 | (718) 991-4600 **Bronx Housing Court Office** (Civil Practice):

1118 Grand Concourse | Bronx, NY 10451 | (718) 681-8712

Bronx County Criminal Defense Office (Criminal Practice):

260 East 161st Street | Bronx, NY 10451 | (718) 579-3000

Bronx County Criminal Courthouse Office (Criminal Practice):

265 East 161st Street | Room 599 | Bronx, NY 10451 | (718) 577-8900 www.legal-aid.org

Description: the nation's oldest and largest private not-for-profit organization providing free legal services to low-income individuals and families in New York City.

Services Offered:

• Provides comprehensive range of legal services in civil, criminal, and juvenile rights practices.

Additional Information:

- The Court determines eligibility for Criminal and Juvenile Rights Practices
- The Federal Department of Health and Human Services Poverty Guidelines are used to determine eligibility for Civil Practice
- Income at or below 125% of the federal poverty level (with some exceptions)
- Services are free of charge for those who qualify

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Legal Information for Families Today (LIFT) – Bronx Family Court

900 Sheridan Avenue | 7th Floor | Bronx, NY 10451 | (646) 613-9633 www.liftonline.org

Description: mission is to enhance access to justice for children and families by providing legal information, community education, and compassionate guidance, while promoting system-wide reform of the courts and public agencies.

Services Offered:

- Answers questions about legal matters
- Provides assistance completing court documents and understanding court orders
- Get practical legal information and easy to follow step-by-step courthouse procedure
- Provides information about Legal Resource Guides, activities for children, and courthouse maps
- Provides information about other helpful social and legal services

Additional Information:

• Located in Bronx Family Court, in the Lobby, on the 7th Floor, and in the Help Center on the Lower Main

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

LIFT – The Bronx c/o the Refuge House

2715 Bainbridge Avenue | Bronx, NY 10458 | (718) 733-3897 www.liftcommunities.org/new-york

Description: mission is to combat poverty and expand opportunities for residents of the Bronx.

Services Offered:

• Clients work one-on-one with LIFT volunteers to find jobs, secure, safe, and stable housing, make ends meet through public benefits and tax credits, and obtain quality referrals for services like childcare and healthcare

Additional Information:

• Services are free of charge

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Languages Served: English, Spanish, and some French

Lincoln Hospital – Child Advocacy Center

234 East 149th Street | Area 4A | Bronx, NY 10451 | (718) 579-5446 www.nyc.gov/html/hhc/lincoln/html/services/pediatric_advocacy.shtml

Description: dedicated to the evaluation and care of abused and neglected children.

Services Offered:

- Psychosocial evaluation
- Effective Parenting Program
- Multidisciplinary evaluations
- Investigations in child abuse
- Information and referrals
- Short and long-term counseling treatment

Additional Information:

- Under age 18
- Living in the Bronx and upper Manhattan
- Survivor of child abuse / neglect
- Siblings and non-offending parents
- Will be seen regardless of ability to pay
- Referrals based on insurance and Medicaid

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Lincoln Hospital – Teen Center

234 East 149th Street | Bronx, NY 10451 | (866) 947-8336 www.nyc.gov/html/hhc/lincoln/html/services/teen.shtml

Description: offers comprehensive, quality healthcare services to adolescents in a nurturing and cheerful environment.

Services Offered:

- Sexual and reproductive health care
- Prevention of STDs
- Teen pregnancy services
- Rapid HIV screening
- Prenatal services

Additional Information:

- Located on the first floor of Lincoln Hospital
- For adolescents between ages 12 and 21
- Services provided regardless of health insurance or immigration status

Hours of Operation: Monday – Friday: 8:00 AM – 3:00 PM

Lincoln Medical and Mental Health Center

General Information: (718) 579-5000 |
For Appointments: (718) 579-4900 |
234 East 149th Street | Bronx, NY 10451
http://www.nyc.gov/html/hhc/lincoln/html/home/home.shtml

Description: one of New York City's premier acute care hospitals.

Services Offered:

- Ambulatory Care Services
- Behavioral Health
- Cancer Center
- Centers of Excellence
- Diagnostic Services

- Medical Services
- Pediatric Services
- Surgical Services
- Teen Center
- Women's Health Services

Additional Information:

- Major insurance plans accepted
- If qualified for the NYC Health and Hospitals Corporation Options Program, medical bills can be reduced
- Assistance with applying for health insurance provided

Hours of Operation: N/A

Lincoln Recovery Center

349 East 140th Street | Bronx, NY 10473 | (718) 993-3100 www.sad-lincoln.org

Description: a chemical dependency outpatient program.

Services Offered:

- Auricular acupuncture training and treatment
- Individual and group counseling sessions
- Medical assessment and referral
- Vocational rehabilitation resource center
- Secure storage of confidential records
- Clerical support

Additional Information:

- Will admit patients regardless of ability to pay
- Interested individuals should have an initial determination made with a documented record (written by a qualified health professional) stating:
 - o He or she appears to be in need of chemical dependency services
 - o He or she appears to be free of any serious communicable disease that can be transmitted through ordinary contact
 - o He or she appears not to need acute hospital or psychiatric care

Hours of Operation:

- Registration hours: Monday Friday: 7:30 AM 12:00 PM
- Regular hours:
 - o Tuesday & Wednesday: 7:30 AM − 5:00 PM
 - Monday & Thursday: 7:30 AM 8:00 PM
 - o Friday: 7:30 AM 12:00 PM

The Living Room / Safe Haven – BronxWorks

800 Baretto Street | Bronx, NY 10474 | (718) 893-3606

http://www.bronxworks.org/programs/homeless-services/living-room-safe-haven

Description: the only 24-hour drop-in center in the Bronx for street homeless adults. Clients are welcome to spend time off the street, use the laundry and showers, eat a hot meal, and get other essential help.

Services Offered:

- Temporary shelter with 50 beds
- Housing placement and benefits assistance
- Medical and psychiatric care
- Nutritional assistance
- Medication monitoring
- Substance abuse monitoring and counseling
- Drug and alcohol treatment referrals

Additional Information: N/A

Hours of Operation: facility open 24 hours a day

Languages Served: N/A

Louis Nine House – Neighborhood Coalition for Shelter

1323 Louis Nine Boulevard | Bronx, NY 10459 | (917) 477-2470 http://www.ncsinc.org/programs_and_services.html#louis9

Description: newly constructed residence with 46 studio apartments for young adults who are homeless or aging out of foster care.

Services Offered:

• Provides affordable housing and an integrated continuum of support services designed to help young adults aged 18-25 achieve stability, maintain sobriety, and work towards the self-sufficiency needed to obtain and sustain permanent housing and independent lives

Additional Information:

- For young men and women ages 18-25 with a history of foster care
- For those referred by foster care agencies or the shelter system
- Housing is affordable

Hours of Operation: N/A

Love Gospel Assembly

2315 Grand Concourse | Bronx, NY 10468 | (718) 295-6366 x67 www.lgabronx.com

Description: provides food pantry for community residents

Services Offered:

• Food Pantry

Additional Information:

- Need photo ID and IDs for children if more than two
- First 75 in line are served
- Each client is served no more than once a month

Hours of Operation: Monday – Friday: arrive by 9:30 AM

Languages Served: N/A

Mercy Center

377 East 145th Street | Bronx, NY 10454 | (718) 993-2789 www.mercycenterbronx.org

Description: dedicated to empowering women to reach their full potential and become agents of change in their families and communities.

Services Offered:

- Business and job skills
- ESL / Immigrant services
- Parenting and family life skills
- Youth programs and activities
- Personal development
- Anger management
- Social services/ Case management

Additional Information:

- For women ages 22 and older
- All services are free of charge

Hours of Operation:

- Monday: 8:30 AM 6:30 PM
- Tuesday, Wednesday, & Thursday: 8:30 AM 7:45 PM
- Friday: 8:30 AM 6:00 PM

MIC - Women's Health Services

4215 3rd Avenue | 2nd Floor | Bronx, NY 10457 | (718) 294-5891 www.healthsolutions.org/MIC/

Description: provides low-cost and high-quality prenatal and family planning services.

Services Offered:

- Free walk-in pregnancy testing
- Birth Control and Plan B
- GYN exams and services
- Medical abortion
- STI/STD testing and treatment
- HIV testing and treatment
- Mental health services
- Health education
- Prenatal care

Additional Information:

- Services are for women
- Free services for some teens
- Sliding scale, accepts public and private insurance

Hours of Operation:

- Monday, Wednesday, Friday: 9:00 AM 4:30 PM
- Tuesday: 12:30 PM 4:30 PM
- Thursday: 9:00 AM 6:00 PM

Languages Served: English, Spanish, & Language Line (phone-based service)

Mid-Bronx Senior Citizens Council (MBSCC)

900 Grand Concourse | Bronx, NY 10451 | (718) 588-8200 www.midbronx.org

Description: a successful, 33-year old non-profit that supports and empowers the residents of the South and Mid-Bronx.

Services Offered:

- Affordable housing development
- Children and family services (Family Preservation Center, Head Start, Neighborhood Partners Initiative)
- Senior services (Project Homebound, Concourse Plaza Social Services and "Healthy Seniors", Sixth/Holiday meal program, etc.)
- Community engagement
- Economic and workforce development

Additional Information:

• Most services are free of charge

Hours of Operation: vary depending on service

Montefiore Medical Center

Moses Division:

111 East 210th Street | Bronx, NY 10467 | (718) 920-4321

Weiler Division:

1825 Eastchester Road | Bronx, NY 10461 | (718) 904-2000

North Division:

600 East 233rd Street | Bronx, NY 10466 | (718) 920-9000 www.montefiore.org

Description: builds excellence with top physicians, extraordinary nurses and devoted staff who deliver seamless, coordinated care to millions of residents in the New York metropolitan area and beyond.

Services Offered:

- Allergy and Immunology
- Chemical Dependency Program
- Clinical Diabetes Center
- Critical Care Medicine
- Dentistry
- Dermatology
- Emergency Medicine
- Endocrinology
- Family and Social Medicine
- Gastroenterology

- Geriatrics
- Infectious Diseases
- Psychiatry & Behavioral Sciences
- Rehabilitation Medicine
- Sleep-Wake Disorders Center
- Substance Abuse Treatment
- Transitions Clinic
- Urgent Care Services
- Many more

Additional Information:

- All major insurance, Medicaid and sliding scale
- Transition Clinic is open on Saturdays and is free to the public. Contact Edgar Burgos at 917-853-7683 for more information.

Hours of Operation: N/A

Montefiore Medical Group

Main line: (800) 636-6683

Comprehensive Health Care Center (CHCC)

305 East 161st Street | Bronx, NY 10451 | (718) 579-2500

Comprehensive Family Care Center (CFCC)

1621 Eastchester Road | Bronx, NY 10461 | (718) 405-8040

| Many more locations throughout the Bronx | www.montefiore.org/services/mmg/fhc

Description: offers excellent healthcare services to patients of all ages in a warm, friendly environment.

Services Offered (vary depending on location):

- Family medicine
- Gynecology
- Obstetrics
- Cardiology
- Nutrition

- Services for hearing and visually impaired patients
- Internal Medicine
- Dentistry
- Psychiatric Services

Additional Information:

- Most sites offer same-day sick appointments, on-site laboratory services, 24-hour answering services, referrals to home healthcare when necessary
- All major insurance, Medicaid and sliding scale

Hours of Operation:

CHCC:

Monday – Thursday: 8:30 AM – 6:30 PM; Friday: 8:30 AM – 6:00 PM;
 Saturday: 8:30 AM – 12:30 PM

CFCC:

• Monday – Thursday: 8:30 AM – 9:00 PM; Saturday: 9:00 AM – 1:00 PM (adult medicine and pediatrics only)

Morris Heights Health Centers

(718) 483-1234

625 East 137th Street | Bronx, NY 10454 85 West Burnside Avenue | Bronx, NY 10453

25 East 183rd Street | Bronx, NY 10453

Women's Health and Birthing Pavilion:

70 West Burnside Avenue | Bronx, NY 10453 www.mhhc.org

Description: provides a wide range of primary, specialty, dental, mental health, educational and social services at five convenient locations.

Services Offered:

- Adult medicine
- Family planning and practice
- Obstetrics/Gynecology
- Pediatrics

- HIV counseling and testing
- Nutrition counseling
- Social services
- Health Education
- Mental Health (assessment, referral, therapy, medication management)
- Dentistry (diagnostic, pediatric, preventative, prosthodontics, restorative)
- Supportive Services (Community Health Worker Program, Mobile Health Services, Reach Out and Read, Healthy Families Program, etc.)

Additional Information:

• All major insurance, Medicaid and sliding scale

Hours of Operation:

- Monday, Wednesday, Thursday (8:00 AM 8:00 PM)
- Tuesday, Friday (8:00 AM 5:00 PM)
- Saturday (10:00 AM 3:00 PM)

Morrisania Diagnostic & Treatment Center

1225 Gerard Avenue | Bronx, NY 10452 | (718) 960-2777 www.nyc.gov/html/hhc/html/facilities/morrisania.shtml

Description: serves the South Bronx through a two-pronged approach: providing treatment to those who need it, while at the same time emphasizing prevention.

Services Offered:

- Behavioral Health Programs
- Women's Health Services
- Child and Teen Health Services

Additional Information:

- Provides treatment to those who need it while emphasizing prevention
- Low or no cost insurance program
- Reduced fee arrangement
- Varity of health insurance plans accepted

Hours of Operation: Monday – Friday: 8:30 AM – 5:30 PM

Mott Haven System of Care Project

1200 Waters Place | Room K-5046 | Bronx, NY 10461 | (718) 430-0387 http://www.omh.state.ny.us/omhweb/spguidelines/html/06pkt31_mott_haven.htm

Description: offers a continuum of evaluation, treatment and family support services to children living in the Bronx with serious emotional disturbances.

Services Offered:

- Professional psychiatric and psychosocial evaluations
- Intensive and brief in-home clinical interventions
- Longer-term family support services that "wrap around" client and family
- Individualized one-on-one approach
- Skills-training groups: Parenting, Behavior Management, Anger Management, Youth Leadership, Talent Shows, Youth Jam, Team Building Outings, Career Education & Job Finding, Vocational Assessment & Evaluation, Emotional Fitness
- Educational Workshops: ESL, Pregnancy Prevention, ADHD, Depression, Drug Abuse, Special Education, Gangs, Newsletter Production
- Many, many more

Additional Information:

- Services are accessed through the Mobile Community Assessment Team, who triage all telephone referrals
- The Program Coordinator makes a determination if the child meets the eligibility criteria for an initial assessment
 - o If s/he does not, an appropriate referral is provided
 - o If s/he does, the client is contacted by the Team within 24 hours

Hours of Operation: N/A

Narco Freedom Incorporated

| Main Line: (718) 292-2240 |
477-485 Willis Avenue | Bronx, NY 10455
401 East 147th Street | Bronx, NY 10455
250 Grand Concourse | Bronx NY 10451
368 East 148th Street | Bronx, NY 10451
324 East 149th Street | Bronx, NY 10451
528 Morris Avenue | Bronx, NY 10451
1668 Webster Avenue | Bronx, NY 10468
www.narcofredom.com

Description: an experienced network of drug treatment and health related services.

Services Offered:

- Alternative Adult & Adolescent Treatment Program
- HIV Care Hope Case Management
- Independence Alcohol Treatment
- Key Extended Entry Program (KEEP)
- Methadone Maintenance Treatment
- Neighborhood & Family Health Center Clinics
- New Beginnings Community Center
- Outpatient Treatment Program
- Regeneration Treatment Mothers
- Scattered Site Housing Program

Additional Information:

Medicaid

Hours of Operation: vary depending on location and service

New York City Department of Probation – Bronx

198 East 161st Street | Bronx, NY 10451 (718) 537-5197 (Adult) | (718) 590-3180 (Juvenile) www.nyc.gov/html/prob/html/home/home.shtml

Description: helps build stronger and safer communities by supervising people on probation and fostering opportunities for them to move out of the criminal justice system through meaningful education, employment, health services, family engagement and community participation.

Services Offered:

- Pre-Sentence Investigations for any defendant who has been convicted of a felony or certain misdemeanors to help the Court reach an appropriate decision or disposition
- Adult and juvenile supervision, often including referrals to community-based resources and programs to meet specific client needs
- Special Offender Unit (SOU) and High-Risk (HR) officers for probationers who are at higher risk of recidivism
- Student Internships

Additional Information: N/A

Hours of Operation: N/A

New York Department of Corrections and Community Supervision (Parole) – Bronx

General Information: (518) 473-9400 | 260 East 161st Street | Bronx, NY | 10451 | (718) 292-7920 https://www.parole.state.ny.us/

Description: mission is to promote public safety by preparing inmates for release and supervising parolees to the successful completion of their sentence.

Services:

- Work with parole staff to develop a discharge plan
- Assistance in obtaining vocational or rehabilitative services
- Certificates of Relief or of Good Conduct for those who are eligible

Additional Information:

- Released to parole supervision from prison, or
- Sentenced directly to parole supervision by judge

Hours of Operation: N/A

Languages Served: English and Spanish (others as necessary)

New York City Housing Authority

| Customer Contact Center: (718) 707-7771 | 1 Fordham Plaza | 2nd Floor | Bronx, NY 10458 www.nyc.gov/nycha

Description: provides decent and affordable housing in a safe and secure living environment for low and moderate income residents throughout the five boroughs, with 90 developments and over 40,000 apartments in the Bronx.

Services Offered:

- Living arrangements
- Programs for children, teens, single-parents, seniors, substance abusers, and victims of domestic violence, among others
- Network of over 400 community facilities that include community centers, senior centers, health care centers, day care and Head Start educational centers
- Section 8 Assistance

Additional Information:

- Average monthly rent is \$424
- Average family income is \$23,091
- Accepts Social Security, SSI, a pension, Veteran's benefits, etc.
- Submit a completed application to be placed on a waiting list
- May have to wait months or years to be matched up with an available apartment
- The computerized Tenant Selection and Assignment Plan (TSAP) will impartially choose new tenants based on need priorities

Hours of Operation: Monday – Friday: 8:00 AM – 5:00 PM

New York Civil Liberties Union – Voting Rights

http://www.nyclu.org/issues/voting-rights/felon-voting-rights

Description: webpage with information about voting with a criminal record.

Services Offered:

- General information about felon disfranchisement
- Fact sheet on voting rights for those with criminal records
- Information on where to go for help
- Resource guide for people with criminal records
- Links to voter registration

Additional Information: N/A

Hours of Operation: N/A

New York Foundling – Bronx Community Services

| Main Number: (212) 633-9300 |
369 East 149th Street | Bronx, NY 10455 | (718) 772-0100

Mott Haven Academy Charter School:
170 Bronx Place | Bronx, NY 10454 | (718) 292-7015

www.nyfoundling.org

Description: a diverse network of programs that work interactively to provide care for children and families with multiple social, economic, medical, and psychosocial needs.

Services Offered:

- Foster Boarding Homes (including Therapeutic and Health Care)
- Family Support / Preventive Services (General/Intensive/Enhanced)
- Bronx Teen Parenting Program
- Mott Haven Leadership Program
- Mother Child AOBHs
- Residences for Adults with Developmental Disabilities
- Family Day Care
- Medical Clinic / Mental Health

Additional Information:

- Services for vulnerable, at-risk children and families
- Most services are free of charge

Hours of Operation: Monday – Friday: 7:30 AM – 5:00 PM

New York Harm Reduction Educators, Inc.

953 Southern Boulevard | Suite 302 | Bronx, NY 10459 | (718) 842-6050 www.nyhre.org

Description: devoted to promoting the health, safety, and well-being of marginalized, low-income persons who use drugs, their loved ones, and their communities.

Services Offered:

- Syringe Exchange Program
- Street Outreach
- Stress Reduction, Supportive, and Recovery Readiness
- Access to Early Intervention
- Access to Care
- Multi Module HIV Prevention Program
- Mental Health Services
- Access to Drug Treatment Program
- Peer Training Program
- Counseling, Testing and Treatment Program
- Viral Hepatitis Integration Project
- Many more

Additional Information:

• Services are free of charge

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

North Central Bronx Hospital

3424 Kossuth Avenue | Bronx, NY 10467 | (718) 519-5000 Community Health Centers:

1012 East Gunhill Road | Bronx, NY 10469 | (718) 918-8850 1826 Arthur Avenue | Bronx, NY 10457 | (718) 918-8700

Description: offers quality care in a friendly and familiar setting.

Services Offered:

- Medical Services
- Emergency Services
- Pediatric Care
- Behavioral Health
- Surgical and Specialty Services
- Women's Health
- Social Services
- Spiritual Care

Additional Information:

- Provides care regardless of ability to pay or immigration status
- Accepts most major insurance plans
- If uninsured, assistance with various alternatives will be provided

Hours of Operation: N/A

NYC Human Resources Administration: Back to Work

2432 Grand Concourse | 4th Floor | Bronx, NY 10458 | (718) 741-7183 http://www.nyc.gov/html/hra/html/directory/back_to_work.shtml

Description: provides training and job placement to those referred by the Human Resources Administration to move off of public assistance into viable employment.

Services Offered:

- Citywide contracts with community based employment and training organizations to provide job readiness training, placement services and vocational training
- Activities are shaped according to the background and skills of each individual
- Courses on a range of topics including: food service, security guards, truck and bus driving, GED preparation, and home health aide, among others

Additional Information:

- For individuals with a disability or on cash assistance
- Services are free of charge for those who qualify

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Office of Adult and Continuing Education – Bronx Adult Learning Center (BxALC)

3450 East Tremont Avenue | Room 323 | Bronx, NY 10465 | (718) 863-4057 http://schools.nyc.gov/ChoicesEnrollment/AdultEd/default.htm

Description: provider of adult literacy education.

Services Offered:

- Adult Basic Education
- English for Speakers of Other Languages (ESOL)
- High School Equivalency
- Career and Technical Education

Additional Information:

- Classes are offered free of charge
- Classes are taught by certified teachers
- Students can take classes at any of the 175 citywide sites

Hours of Operation:

Classes offered Monday - Saturday, day and evening

Languages Served: English

The Osborne Association

809 Westchester Avenue | Bronx, NY 10455 | (718) 707-2600 www.osborneny.org

Description: offers opportunities for individuals who have been in conflict with the law to transform their lives through innovative, effective, and replicable programs that serve the community by reducing crime and its human and economic costs.

Services Offered:

- Adopting healthy lifestyles: Osborne's Treatment Services, Community-Based Prevention, Prison-Based Prevention Services
- Reconnecting families: FamilyWorks, Family Resource Center, Family Ties,
 Children & Youth Services, Women's Empowerment Project)
- Achieving economic independence: Green Career Center, Janitorial Maintenance Services, Fresh Start Food Services, Cooking for a Health Economic Future (CHEF)
- Reducing reliance on incarceration: Court Advocacy Services (CAS),
 Longtermers Responsibility Project, Jail-based Transitional Services, Fresh Start
- Strengthening communities: Children of Incarcerated Parents, Dutchess ReEntry

Additional Information:

Some services are free of charge; others accept Medicaid

Hours of Operation: vary depending on service

Our Lady of Grace

3985 Bronxwood Avenue | Bronx, NY 10466 | (718) 652-4817 www.olgbronx.com

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Photo ID

Hours of Operation: Monday: 1:00 pm – 3:00 pm

Our Lady of Refuge

290 East 196th Street | Bronx, NY 10458 | (718) 367-4690 www.ourladyofrefuge.com

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

- Requires ID and proof of address
- Must be unemployed, on public assistance, or a senior citizen

Hours of Operation:

- Tuesday and Thursday: 10 AM 12 PM
- Closed during the months of July and August

Palladia

1647 Macombs Road | Bronx, NY 10452 | (718) 299-3300 Various other locations in the Bronx www.palladiainc.org

Description:

Services Offered:

- Substance Abuse Treatment
- Family and Women's Services
- Prevention and Shelter Services
- Housing Services
- Mental Health Services

Additional Information:

- ATI (Alternative To Incarceration) program for men and women over the age of 18
- Sites in the Bronx & Manhattan
- Transitional & Residential treatment
- PA assistance
- Out-patient treatment (Wednesdays 6:00 PM 7:00 PM)

Hours of Operation: Monday – Friday 9:00 – 5:00 PM

Languages Served: English

Part of the Solution (POTS)

2759 Webster Avenue | Bronx, NY 10458 | (718) 220-4892 www.potsbronx.org

Description: a community that values, respects, and empowers people during the most challenging time of their lives.

Services Offered:

- Community Dining Room | Monday Sunday: 12:30 PM 3:30 PM
- Food Pantry | Monday Saturday: 9:00 AM 12:00 PM
- Public Shower Service | Monday Friday: 8:00 AM 11:00 AM
- Clothing Program | Tuesday & Friday: 2:00 PM 3:00 PM
- Haircuts | 10:00 AM 3:00 PM
- Mail | Monday Friday: 1:00 PM 5:00 PM
- Legal Services | Thursday, sign-in list beings at 12:00 PM
- Case Management Services | Monday Friday: 1:00 PM 4:00 PM
- Justice Center and Next-Step Services

Additional Information:

- Food Pantry available only to those residing in the following zip codes: 10453, 10457, 10458, 10460, 10463, 10467, 10468, and interested clients should bring:
 - o Photo ID and ID or birth certificates for everyone else in household
 - o Current lease, Con Edison bill, or a shelter referral
 - o Proof of income

Hours of Operation:

• Hours depend based upon service

Per Scholas

804 East 138th Street | Bronx, NY 10454 | (718) 991-8400 www.perscholas.org

Description: organization committed to providing education, technology, and economic opportunities to individuals, families, and communities

Services Offered:

- Technology Training
- Affordable Technology for Purchase
- Computer Asset Recovery and Recycling

Additional Information:

- Free 15 week course
- Orientation
- Life skills class once a week
- IC certification
- Business attire will be implemented

Hours of Operation: Monday – Friday: 9:00 AM – 4:00 PM

Languages Served: English

Phipps Community Development Corp.

1122 East 180th Street | Bronx, NY 10460 | (718) 542-8333 650 Hollywood Avenue | Bronx, NY 10465 | (718) 239-4080 1680 Seward Avenue | Bronx, NY 10473 | (718) 378-6246 1030 East 178th Street | Bronx, NY 10460 | (718) 542-0109 1071A East Tremont Avenue | Bronx, NY 10460 | (718) 620-1900 3125 Third Avenue | Bronx, NY 10451 | (347) 329-3929 286 East 156th Street | Bronx, NY 10451 | (718) 665-7093 1409 Fulton Avenue | Bronx, NY 10456 | (347) 329-4004 www.phippsny.org

Description: provides comprehensive network of educational, vocational, and community development programs

Services Offered:

- Youth Education and Development
- Teen Academic and Skills Development
- Adult Literacy and Education
- Workforce Development
- Family and Community Building
- Resident Resources

Additional Information:

• Services are provided free of charge

Hours of Operation:

• Hours depend based on location

Planned Parenthood of New York City – Bronx Site

349 East 149th Street | 2nd Floor | Bronx, NY 10451 | (718) 965-7000 www.ppnyc.org

Description: provides essential reproductive health care, innovative educational programs, and effective advocacy for women, teens, and families

Services Offered:

- Family Planning Services
- HIV/AIDS and STI Testing
- Reproductive Health Services
- Educational Programs
- Counseling
- Assistance Obtaining Public Health Insurance

Additional Information:

- Most services require an appointment
- Accepts Medicaid, state-funded insurance programs, and private insurance
- Sliding scale payment available for those who qualify

Hours of Operation:

• Tuesday – Friday: 8:00 AM – 5:00 PM; Thursday open until 7:00 PM; Saturday: 8:30 AM – 4:30 PM

Languages Served: English and Spanish; interpretation services for other languages

Project Street Beat

349 East 149th Street | 3rd Floor | Bronx, NY 10451 | (212) 965-4850 www.plannedparenthood.org/nyc/15223.htm

Description: program focused on HIV prevention and access-to-care serving women, men, and teens who live and work on the streets

Services Offered:

- Basic Survival Services
- Rapid HIV/AIDS Testing, Education, and Prevention Interventions
- Individual and Group Counseling
- Harm Reduction Services
- Medical Services
- Case Management
- Support Groups
- Group-Level Intervention

Additional Information:

• All services are provided free of charge

Hours of Operation:

- Office Location: Monday Friday: 10:00 AM 5:00 PM
- Mobile Medical Unit: hours vary but are generally 6:00 PM 10:00 PM

Puerto Rican Family Institute

4123 Third Avenue Bronx, New York 10457 (718) 299-3045 http://www.prfi.org/

Description: multi-program family-oriented health and human service agency that provides culturally sensitive services to all children, youth, adults, and families

Services Offered:

- Mental Health Clinic
- Child Placement Prevention Program
- Head Start Program
- Intermediate Care Facilities for the Developmentally Disabled

Additional Information:

- Accepts most insurance providers, including Medicare, Medicaid, and Medicaid-Managed Care
- Self-Pay available on sliding scale
- Emergency phone line operates 24 hours a day, 7 days a week

Hours of Operation:

 Monday – Saturday:9:00 AM – 5:00 PM; Monday, Wednesday, Thursday open until 7:00 PM

Promesa Systems, Inc.

1776 Clay Avenue | Bronx, NY 10457 | (718) 299-1100 Several other locations in the Bronx www.promesa.org

Description: enables under-served urban residents to become self-sufficient citizens by addressing the health, education, employment, and housing needs of the community

Services Offered:

- Vocational and Educational Services
- Primary and Specialty Health Services
- Substance Abuse Treatment Services
- Women Services
- Children and Youth Services
- Community Development
- Housing Development and Management
- Long Term Care Services
- Economic Development

Additional Information:

- Services are for Bronx residents
- Eligibility criteria depends on desired service

Hours of Operation:

• Hours vary depending on service and location

Rebekah Rehab and Extended Care Center

1070 Havemeyer Avenue | Bronx, NY 10462 | (718) 863-6200 www.rebekahrehab.org

Description: provides rehabilitation and other healthcare-related services

Services Offered:

- Rehab
- Nursing
- Medicine
- Post-Acute Illness
- Long Term Home Health Care Program

Additional Information:

• Many types of insurance accepted, including Medicare and Medicaid

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

ReEntry Net

http://www.reentry.net/ny/

Description: website providing links to available resources that the reentry community can use

Services Offered:

• Links to resources to assist the reentry community

Additional Information:

• N/A

Hours of Operation:

• N/A

Languages Served: English

Regional Aid for Interim Needs, Inc. (R.A.I.N)

1380 Metropolitan Avenue | Bronx, NY 10462 | (718) 597-9220

Description: provides daytime services to senior citizens

Services Offered:

- Breakfast and Lunch
- Recreational Activities
- Case Assistance
- Educational Programs

Additional Information:

- No fee to join
- Open to senior citizens 60 years of age and older

Hours of Operation: Monday – Friday: 8:00 AM – 4:00 PM

Riverdale Mental Health Association

5676 Riverdale Avenue | Bronx, NY 10471 | (718) 796-5300 www.rmha.org

Description: provides effective behavioral healthcare

Services Offered:

- Clinic Treatment
- Early Childhood Center
- Youth Programs
- Innovative Services for Seniors
- ReSolve Center for Recovery (for individuals and families of users who have substance or alcohol abuse issues)
- Vocational Services
- Riverdale PROS (range of services designed to support health and recovery for those with mental health illness)
- Residential Services

Additional Information:

- Provides help for those on Medicare, Medicaid, and low-income
- Most private insurance is accepted
- Walk-ins are accepted

Hours of Operation:

• Tuesday: 10:00 AM – 12:00 PM; Thursday: 11:00 AM – 1:00 PM

Safe Horizon

2 East 169th Street | Bronx, NY 10452 | (718) 590-5500 www.safehorizon.org

Description: domestic violence and immigration violence services

Services Offered:

- Domestic Violence and Abuse
- Rape and Sexual Assault
- Child Abuse and Incest
- Stalking
- Anti-Trafficking Program
- Youth Assistance
- Legal Assistance
- Crisis Prevention
- Practical Support
- Education and Referrals

Additional Information:

• Housing referrals

Hours of Operation: 11:00 AM – 5:00 PM

Samaritan Village, Inc. – Highbridge Residential Treatment Program

1381 University Avenue | Bronx, NY 10452 | (718) 681-9300 www.samvill.org

Description: residential treatment facility to meet the needs of adults with chronic substance abuse histories

Services Offered:

- Group and Individual Counseling
- Residential Substance Abuse Treatment Services
- Mental Health Services
- Employment Skills Training
- Basic Education

Additional Information:

- Outpatient Treatment
- Transitional program
- Aftercare
- Benefits assistance
- Walk-ins
- Housing

Hours of Operation: Open 24 hours

Sanctuary for Families

198 East 161st Street 2nd Floor | Bronx, NY 10451 | 718.993.5990 http://www.sanctuaryforfamilies.org

Description: Sanctuary for Families is the leading nonprofit in New York State dedicated exclusively to serving domestic violence victims, sex trafficking victims, and their children.

Services:

- Individual and group counseling for adults and children in multiple languages
- Legal advice, assistance, and representation in family, matrimonial and immigration law cases
- Crisis and transitional shelters
- Community outreach, education and trainings about domestic violence and the issues that victims face
- Economic empowerment services

Additional Information:

- Services are free of charge, regardless of immigration status
- New York State's 24-hour Domestic Violence Hotline:
 - o (800) 942-6906 (English)
 - o (800) 942-6908 (Spanish)
- Outside of New York State:
 - o National Domestic Violence Hotline: (800) 799 SAFE

Hours of Operation: Monday – Friday: 9:00 AM – 5:00 PM

Languages Served: Services are available in a variety of languages. Call for more information.

Segundo Ruiz Belvis Diagnostic & Treatment Center

454 East 142nd Street | Bronx, NY 10454 | (718) 579-4000

Description: provides wide range of health services to people of all ages

Services Offered:

- Primary Care
- OB/GYN
- WIC Services
- Child and Teen Health Services
- Women's Health Services

Additional Information:

• Accepts Medicaid, Medicare, and most insurances except Fidelis and Affinity (which are for dental only)

Hours of Operation:

- Monday Friday: 8:30 AM 5:00 PM
- Family Service: Monday Thursday: 12:00 PM 8:00 PM

Soundview Health Center

731 White Plains Road | Bronx, NY 10473 | (718) 589-2232

Delany Sisters Health Center

2727-33 White Plains Road | Bronx, NY 10467 | (718) 652-3387

Jessica Guzman Medical Center

616 Castle Hill Avenue | Bronx, NY 10473 | (718) 239-9013

Burnside Medical Center

165 East Burnside Avenue | Bronx, NY 10453 | (718) 563-0003

Amadou Diallo Medical Center

1760 Westchester Avenue | Bronx, NY 10472 | (718) 892-8474 www.soundviewhealthcenter.com

Description: emphasizes the provision of quality health care and social services to individuals regardless of their ability to pay.

Services Offered:

- Family Medicine / Adult Medicine
- Women's Healthcare (OB/GYN, Family Planning, Pregnancy care)
- Specialty Services (Allergy, Cardiology, Neurology, etc.)
- Pediatric / Adolescent Medicine
- Mental Health Services
- Dentistry
- HIV Early Intervention Services
- Nutritional Services
- Community Based Participatory Research
- Laboratory testing and referrals
- After Hours Care

Additional Information: Accepts Medicaid and sliding scale payment option

Hours of Operation: vary depending on location and service

Soundview Presbyterian Church

760 Soundview Avenue | Bronx, NY 10473 | (718) 842-2287

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• No ID required

Hours of Operation:

- Every other Wednesday: 8 AM 10 AM
- Come early

South Bronx Concerned Citizens, Inc.

1019 Saint John Avenue | Bronx, NY 10455 | (718) 620-7131 www.sbccinc.net

Description: provides health-based human resources and services aimed to serve as a bridge between diverse cultures.

Services Offered:

- Family Education Project
- Youth Campaign
- After-School Program
- Anger Management
- Domestic Violence Program
- Parenting Skills
- Education Programs
- Conflict Resolution Services
- Community Interaction and Collaboration Services

Additional Information:

- Anger management for men (\$20 per session for 15 weeks)
- Parenting skills for both sexes (\$20 per session for 15 weeks)
- Domestic violence accountability for men (sliding scale, court-ordered program only)
- After-school care for pre-K to sixth grade (\$35 a week)

Hours of Operation:

- Monday Friday: 11:30 AM 6:00 PM
- Saturday: 10:30 AM 2:00 PM

South Bronx Overall Economic Development Corporation (SoBRO)

555 Bergan Avenue | 3rd floor | Bronx, NY 10455 | 718-292-3113 www.sobro.org

Description: provides direct services to community residents and rebuilds infrastructure within the local community

Services Offered:

- Education and Workforce Development
- Faith-Based Initiatives
- Commercial Revitalization and Development
- Industrial Development
- Economic Development
- Financial Services
- Housing and Community Development

Additional Information:

• Also offers small business class

Hours of Operation: Monday – Friday: 9:00AM – 5:00 PM

South East Bronx Neighborhood Centers – SEBNC

3289 Third Avenue | Bronx, NY 10456 | (718) 665-8908 www.sebnc.org

Description: plan, develop, and provide services that enhance the quality of life and facilitate the empowerment of Bronx residents

Services Offered:

- In-House Rehabilitation Services
- Leisure Time Activities
- Early Childhood Services
- Extended Day Programs
- After School/Summer Day Camp Programs
- Jobs for Youth Apprenticeship Program
- Community Service Programs
- Fitness and Wellness Programs

Additional Information:

- Accepts Medicaid only
- Offers both day and evening programs

Hours of Operation:

- Monday, Wednesday and Friday: 9:00 AM 5:00 PM
- Tuesday and Thursday: 9:00 AM 9:00 PM
- Saturday: 8:30 AM 4:00 PM

St. Ann's Episcopal Church

295 St. Ann's Avenue | Bronx, NY 10454 | (718) 585-5632 stannsb.dioceseny.org

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• No referral for first timers, but need referral from then on

Hours of Operation:

• Wednesday and Friday: 10:30 AM – 2 PM

• No specific time for pickups

St. Ann's Corner of Harm Reduction

310 Walton Avenue | Suite 201 | Bronx, NY 10451 | (718) 585-5544 www.sachr.org

Description: multi-service agency providing a variety of interventions aimed to treat the whole person

Services Offered:

- Support Groups
- Educational Workshops
- Case Management
- Referrals
- Mental Health Services
- HIV Testing & Counseling
- Reproductive Health Services
- Outreach/Syringe Exchange
- Hepatitis Screening and Vaccination
- Peer Training
- Treatment Adherence Services

Additional Information:

• All services are free of charge

Hours of Operation:

• Monday – Friday: 8:30 AM – 5:00 PM; open until 6:30 PM on Thursday

St. Augustine Food Pantry

1183 Franklin Avenue | Bronx, NY 10456 | (718) 893-0072

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Requires ID

Hours of Operation: Monday: 11 AM – 1 PM

St. Barnabas Hospital Primary Care Center

2021 Grand Concourse | Bronx, NY 10453 | (718) 960-6430 www.sbhny.org

Description: provides primary health care services in association with St. Barnabas Hospital

Services Offered:

• General medicine clinic handles all non-emergency patients

Additional Information:

• Accept Medicaid, Medicare, and all other medical insurances

Hours of Operation: 8:30 – 4:30; last appointment is at 3:30

Languages: N/A

St. Francis of Assisi

1544 Shakespeare Avenue | Bronx, NY 10452 | (718) 731-6840

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Photo ID preferred

Hours of Operation: Thursday: 9 AM – 1 PM

St. Luke's Food Pantry

623 East 138th Street | Bronx, NY 10454 | (718) 665-6677

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Requires ID

Hours of Operation: Friday: 10 AM until finished

St. Paul's Evangelical Lutheran Church

1891 McGraw Avenue | Bronx, NY 10462 | (718) 822-4535

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Requires proof of address and Medicaid or Medicare

Hours of Operation:

• Friday: 9 AM – 12 PM

• Numbers given out at 8:30 AM

Steinway Child and Family Services Inc.

522 Courtland Avenue Bronx, NY 10455 (718) 585-2153 http://www.steinway.org/

Description: provides mental health services to community residents

Services Offered:

- Outpatient Counseling
- Other Social Services

Additional Information:

- Sliding scale payment available
- Accepts Medicaid
- Parent or referral source can call for an appointment

Hours of Operation:

Monday, Wednesday: 10 AM – 6 PM; Tuesday, Thursday: 11 AM – 7 PM;
 Friday: 9 AM – 5 PM

Thorpe Family Residences, Inc.

Thorpe 1: 2252 Crotona Avenue | Bronx, NY 10458 | (718) 933-7312 **Park Avenue Thorpe:** 406 East 184 Street | Bronx, NY 10458 | (718) 295-2550

Description: two homeless projects that provide quality comprehensive care for those homeless families and individuals seeking to develop life skills in preparation for independent living.

Services Offered:

- Food Pantry
- Childcare Program
- Recreation Programs
- Workshops (parenting, housekeeping, good health practices, budgeting)

Additional Information:

- Walk ins
- Referrals
- Women and children only
- Domestic violence counseling

Hours of Operation:

- Food Pantry is open Wednesday: 8:30 AM 9:30 AM
- Childcare provided Monday Friday: 8:00 AM 5:00 PM
- Recreation offered Monday Friday: 3:00 PM 8:00 PM and Saturdays: 10:00 AM – 8:00 PM

United Bronx Parents

773 Prospect Avenue | Bronx, NY 10455 | (718) 991-7100 www.ubpinc.org

Description: provides food pantry for community residents.

Services Offered:

• Food Pantry

Additional Information:

• Photo ID preferred

Hours of Operation: Saturday: 9 AM – 12 PM

United Cerebral Palsy of New York City

1770 Stillwell Avenue | Bronx, NY 10469 | (718) 652-9790 408 East 137th Street | Bronx, NY 10454 | (718) 993-3458 www.ucpnyc.org

Description: provides direct services, technology, and advocacy to children and adults with cerebral palsy and other disabilities

Services Offered:

- Medical
- Clinical
- Educational
- Technological
- Residential
- Rehabilitative

Additional Information:

• Services available to all people suffering from cerebral palsy and their families

Hours of Operation:

• Hours depend based on location and services

Urban Health Plan

(718) 589-4755

Plaza del Castillo Health Center

1515 Southern Boulevard | Bronx, NY 10460 | (718) 589-1600 Bella Vista Health Center

890 Hunts Point Avenue | Bronx, NY 10474 | (718) 589-2141

El Nuevo San Juan Health Center

1065 Southern Boulevard | Bronx, NY 10459 | (718) 589-2440 www.urbanhealthplan.org

Description: network of federally qualified community health centers committed to improving the health status of local residents

Services Offered:

- Primary Care Services
- Specialty Care
- Ancillary Services
- Diagnostic Services
- Support Services

Additional Information:

- Accepts Medicaid
- Sliding Scale Payment also available

Hours of Operation:

- Hours vary depending on location
- Monday Friday: ranging from 8:00 AM 6:00 PM to 7:00 AM 7:00 PM
- Saturday: ranging from 9:00 AM 1:00 PM to 8:00 AM 5:00 PM
- Sunday: 11:00 AM 3:00 PM (El Nuevo San Juan Health Center only)

Urban Youth Alliance

391 East 149th Street | Suite 409 | Bronx, NY 10455 | (718) 402-6872 www.uyai.org

Description: cross-denominational urban youth ministry dedicated to developing urban youth into leaders and productive members of their communities

Services Offered:

- Alternative-to-Incarceration for Court-Involved Youth
- After School Tutoring and Literacy
- Youth Ministry

Additional Information:

• Programs and services open available to youth up to college-aged residents in the Bronx

Hours of Operation:

• Hours depend based on the program

Vertex Counseling Services

1080 East Gun Hill Road | Bronx, New York 10469 | (718) 653-1117

Description: offers a comprehensive out-patient program for those with alcohol and other substance abuse issues

Services Offered:

- Out-Patient Drug Treatment
- Anger Management Classes
- Individual Counseling
- Domestic Violence Prevention

Additional Information:

- Accepts Medicaid
- Self-Pay Option: \$120 for intake assessment and \$65 per session

Hours of Operation:

• Monday – Friday: 9:00 AM – 8:00 PM; Saturday: 10:00 AM – 3:00 PM

The VIDA Guidance Center (Comunilife)

4419 3rd Avenue | 1st Floor | Bronx, NY 10457 | (718) 364-7700 http://www.comunilife.org/TheNewVidaGuidanceCenter.htm

Description: dedicated to the vision of expanding access to mental health clinical services and case management to children, adolescents, adults, and families.

Services Offered:

- Outpatient Clinical Services
- Case Management

Additional Information:

- MetroPlus, Health First, Medicaid
- Self-pay available on sliding scale with documentation of income

Hours of Operation: Monday – Thursday (9:00 AM – 8:00 PM)

VIP Community Services

1910 Arthur Avenue | 4th Floor | Bronx, NY 10457 | (718) 583-5150 www.vipservices.org

Description: provides a number of services to people with a history of chemical dependency with the end goal of having clients become self-sufficient

Services Offered:

- Behavioral services
- Physical services
- Vocational / Educational services
- Prevention services
- Recreational services
- Transitional and Supportive housing

Additional Information:

- No eligibility restrictions
- Accepts Medicaid or MetroPlus

Hours of Operation: Monday, Wednesday: 6:30 AM – 6:00 PM; Tuesday 6:30 AM – 8:00 PM

Visiting Nurse Service of New York Bronx Office

1200 Waters Place | Bronx, NY 10461 | (718) 536-3700 **Bronx Fatherhood Program**489 East 153rd Street | Bronx, NY 10455 | (718) 742-7088

www.vnsny.org

Description: provides a variety of home-based healthcare services

Services Offered:

- Post-hospital care
- Rehabilitation therapy
- Long-term home healthcare
- AIDS programs
- Hospice care

Additional Information:

- Healthcare services require an initial referral from a doctor. Nurse will then visit patient to determine necessary treatment to be provided.
- Accepts Medicare, Medicaid, private health insurance, private pay/out-ofpocket, and also provides charitable care
- Participants in the Bronx Fatherhood Program may be up to 40 years of age and must live in the Bronx. The program is offered free of charge.

Hours of Operation:

- Phone calls related to healthcare are answered 24 hours a day
- Nurses make home visits every day from 4 PM − 12 AM
- Bronx Fatherhood Program offers evening groups on Tuesdays and Thursdays 6 PM – 8 PM

Languages Served: English, Spanish, Russian, Korean, Chinese, other languages

Volunteers of America – Lydia E. Hoffman Family Residence

855 East 175th Street | Bronx, NY 10460 | (718) 893-0909 www.volunteersofamerica.org

Description: provides transitional housing and comprehensive services to help homeless families achieve independence and obtain permanent housing

Services Offered:

- On-site physical exams
- On-site visits from a primary care physician
- On-site child care services
- Housing specialists

Additional Information:

• Must have an active public assistance case (HRA pending)

Hours of Operation:

• Facility is open 24 hours

Women in Need - Casa Rita

391 East 149th Street | Bronx, NY 10455 | (718) 402-0066 www.women-in-need.org

Description: provides housing and other needed services for at-risk women and their children.

Services Offered:

- Alcohol and substance abuse
- Prevention groups
- HIV/AID Education
- Shelter
- Basic skills testing and assessment
- GED preparation
- Job readiness preparation
- Employment
- Domestic violence
- Adult Basic Education
- Child Care
- After school and Recreational programs
- Camp WIN

Additional Information:

- No eligibility requirements
- Medical insurance, Medicaid, sliding scale

Hours of Operation: Monday - Friday: 9:00 AM - 5:00 PM

Workforce1 Career Center

Bronx Location

358 East 149th Street | 2nd Floor | Bronx, NY 10455 | (718) 960-7099 **Hunts Point Location**1029 East 163rd Street | 3rd Floor | Bronx, NY 10459 | (718) 542-6777

www.nyc.gov/workforce1

Description: service provided by NYC Department of Small Business Services that prepares and connects qualified candidates to job opportunities in New York City.

Services Offered:

- Job postings
- Recruiting events
- Resource Room & Library
- Skill-building workshops
- Job search resources
- Career advisement
- GED preparation

Additional Information:

• Must register with Workforce1 to be eligible for services

Hours of Operation:

- Bronx location: Monday Friday: 8:30 AM 5:00 PM; open until 8:00 PM on Wednesday
- Hunts Point location: Monday Friday: 9:00 AM to 5:00 PM

Languages Served: English and Spanish; other languages available through a language service